

I'ON AT HOME NEWS

Member Newsletter for March, 2017

Greetings to all of you – our I'On At Home members!! This is the premier edition of *I'On At Home News*, our monthly newsletter just for you. Here you will find the latest information about events and programs, IAH membership, volunteer services, preferred providers, and information related to successful aging in place.

Just as IAH is YOUR organization, so this is YOUR newsletter. We want to include items that are of interest to you, so we need your ideas. We also want to highlight YOU – our members and volunteers – as well as showcasing successful IAH events and programs. Please send us your thoughts and your photos.

Please visit our <u>IAH website</u> for the information mentioned below in addition to lots of other helpful resources. <u>Remember, you must be logged in as a member in order to see much of what is available on the site, as well as to request services and register for events. If you have not yet registered to use the site, please e-mail Barbara Cole (brcole60@comcast.net) to request instructions on how to do so.</u>

IAH PROGRAMS UPDATE

March is halfway over and the programs we planned are going well. We are getting a better feel for what is wanted and are trying to plan things that are for small groups as well as larger ones. These include programs that are

educational, that give time for discussion, visits to cultural events, and also some just for fun.



March Programs

We do have a few openings in some of our March Programs. Click on the event name link for more information and to register:

- 1. The Month That Was (3/20) lively current events discussion
- 2. <u>I'On Walks</u> (3/21) enjoy healthy exercise in the company of your neighbors

All other March events are at capacity but if you want to be put on a waiting list, please email us at ion@ionathome.org.

UPCOMING PROGRAMS

We do need your input, so please share your ideas, including suggestions for speakers. Please email us above or talk to one of the committee members: Barbara Fowler, Lori Bate, Delores Rosebrock, Barbara Wade, LaVon McNaughton, Kathryn Murray, Cheryl Pitts and Fred White.

We also could use more venues. For example, if you have a TV room that sits at least six, would you be willing to let us use it to watch a documentary or film? People in other villages have mentioned this is the type of event they enjoy the most! People watch the show together and then discuss it.

Here is our <u>lineup of events for April</u> (scroll down past the March events to see those for April) that we hope you will enjoy. Many programs have limited

attendance, so please register early to be sure of your spot.

In addition to our recurring events, new events include (click on the event name for more information and to register):

April 11: 4-6 PM at the I'On Conference Room, 159 Civitas Street, 2nd Floor

Get Connected with Facebook

Want to try using Facebook or use Facebook better? Are you concerned about privacy or worried that it's all too much? This workshop will teach you the basics of setting up and using a Facebook account that works for you. We will also share some ways we utilize Facebook to keep in touch, connect with people who share our interests, and find out about events in our neighborhood!

Join moderator Lori Feehan, Limit 8.

April 12: 6:00 PM-7:30 PM at Barbara Wade's House, 43 Krier Ln in I'On

Italian Wine Tasting

Desmond and Betsy Garrity of Crushed Fine Wine will share some of their favorite Italian wines in 2017. Barbara will provide some antipasto to share, along with some special desserts by Brenda Uttaro.

Join hostess Barbara Wade, Limit 20

April 13: 10:30 AM-1:30 PM at the Gibbes Museum and Poogan's Porch

Gibbes Museum Tour and Lunch

Kathryn Murray has arranged for a private tour of the Gibbes with a lunch (optional) to follow. The tour will start at 10:30 and costs \$10.00. It will last about an hour and be followed by a lunch (Dutch treat) at Poogan's Porch.

Join coordinator Kathryn Murray. Limit 10.

April 19: 3-5 PM at the I'On Conference Room, 159 Civitas Street, 2nd Floor

Ipad Apps That Work for Us

Bring your Ipad, and Claudia Robinson and Barbara Fowler will share their favorite apps, including finding out what is on television, what route to take to avoid traffic, how to keep your brain going strong, and how to find events in Charleston. If you have a favorite app, please bring it along to share too!

Join moderators Claudia Robinson and Barbara Fowler, Limit 8.

April 24: 9:30-11:30 at 366 Molasses Lane (in Hobcaw)

Container Gardening by Kimberly

Kimberly Crane at earthartdesign.com specializes in creating beautiful containers for our porches, windows and yards. She will be teaching us how to do the same. Kimberly will supply all of the flowers, dirt and a 2' X 1.5' container for \$65.00, or just the plants (if you already have a container you want to use) for \$35.00. You can make a container for the sun or shade.

Join instructor Kimberly. Limit 10.

IAH CONTINUING EVENTS FOR APRIL

(click on event name for more information and to register)



- April 4, 11, 18, 25: 10:00 AM
 I'On Walks
- April 3: 10:00 AM-12:00 PM –
 Great Decisions
- April 10: 10:00 AM-12:00 PMForming Friendships
- April 17: 10:00 AM-12:00 PM
- The Month That Was

VOLUNTEER SERVICES UPDATE

We are pleased to report that more than 35 I'On neighbors have signed up to be volunteers with I'On At Home. Two orientation sessions have been held, and another session is set for the last week of March. Volunteers have been screened and prepared to offer services to members. We welcome more members and non-members to join the ranks of our volunteer corps. Check out the volunteer information on the <u>I'On At Home website</u> (look under the I'On At Home tab).

MEMBERSHIP UPDATE

I'On At Home is off to a GREAT start with 52 memberships as of March 8, 2017. Thirty-six of those are household memberships, where there are two members of the household, and 15 are individual memberships. So 87 people have joined! Even better, all of these people are now Charter Members, since they paid before March 20. That means that the membership fees will be the same for 2018 fiscal year. If you have neighbors who haven't joined yet, remind them of that deadline.

Twenty-eight of the members are

"full" members, meaning that they have opted for volunteer services in addition to the opportunity to participate in all the events and have access to the Preferred Provider list. Twenty-four members have elected "supporting" memberships which allows them to have great fun with all the cultural, education, and social events that are going great guns! They, also, may access the Preferred Provider list.



Our goal is to have 70 memberships in place by year's end, so if you know others who might enjoy participating in this great organization, please have them contact us or visit the website, ionathome.org.

RESOURCES AND INTERESTING INFORMATION

In this space, we will share news articles and other information related to aging in place (click on the blue, underlined text to follow the live link). If you find something like this, please let us know at ion@ionathome.org.

- 1. Wildeman, M.K. (2017, March 13) <u>First Village Geared Toward the Aging Goes Live in Mt. Pleasant.</u> *Post and Courier*.
- 2. Keller, B. (2017, Februrary 20) <u>Aging for Amateurs: Hats Off to Senior Villages.</u> Post and Courier.
- 3. (2017, January) <u>Steps to Stay Independent When You Live Alone.</u> Harvard Health Letter.