



I'ON AT HOME NEWS

Member Newsletter for December 2019

LETTER FROM THE PRESIDENT

The holidays are here, ready or not! Remember that I'On At Home offers services to our full members that may be especially useful this time of year. Need help getting all of those boxes of decorations down from the attic? What about a ride to or from the airport? I'm sure that there are other ways our volunteers can be of assistance, ways we haven't even thought of. I encourage you to think about what you need and ASK. Please post your [service requests](#) as far ahead of when you actually need the service as possible to maximize the opportunity that someone will be able to provide the assistance.

Of course, this is also the time when many of us are ordering gifts online. Please remember that your purchases can result in donations to I'On At Home (at no additional cost to you) by using [Amazon Smile](#) and [iGive](#). See below for exact instructions.

I hope to see all of you at one of the terrific events planned by Harriet, Cheryl, and the

Programs Committee. Again, see below for more information or go to www.ionathome.org at any time to register. Many activities do fill up quickly, so sign up early!

Finally, as I count my own blessings at this special time of year, all of you I'On At Home members, and indeed the organization itself, are high on my list. I wish for each of you a Thanksgiving and holiday season filled with loved ones, joy, and peace.

As always, I welcome your questions and comments. Hopefully I'll see you soon, at an IAH event or around the 'hood.

Becky

[Becky Van Wie](#), President

843-860-2990

IAH HOLIDAY SCHEDULE

IAH Office will be closed and NO call managers will be on duty the following days:

- Thursday, November 28, 2019
- Friday, November 29, 2019
- Tuesday, December 24, 2019
- Wednesday, December 25, 2019
- Thursday, December 26, 2019
- Wednesday, January 1, 2020

You may still leave a message on the IAH phone line; we will respond once the IAH office re-opens. If you have an emergency, please dial 9-1-1. Happy and safe holiday season.

IAH EVENTS AND PROGRAMS

'Tis the season to be jolly! So, be sure to sign up for Bubbles and Bites! Other opportunities to celebrate the season with I'On At Home include happy hour, single ladies' group and an Old Fashioned Cookie Exchange. Be sure to check the calendar for other great events during the holiday season.

Please go to [our website](#) for more information and to register for events that interest you. If you see that an event you're interested in is full, please email ion@ionathome.org or call 843-284-3590 to let us know you'd like to attend. Sometimes our numbers can be stretched a bit, or there may be a cancellation.

SUPPORTING IAH WHILE YOU SHOP

🎵 HOLIDAYS, AND THE GIVIN' IS EASY! 🎵

As Becky mentioned above, at this time of year when so many of us are shopping online, we have a great opportunity to support IAH through iGive.com and Amazon Smile. It couldn't be easier!

Many popular sites give to your designated charity through iGive. To sign up with iGive, go to <https://www.igive.com/welcome/warmwelcome.cfm?m=1098020&c=7432>. When you shop at a participating site, many sites will ask you to click the iGive icon in the corner of the home page before you begin shopping. And that's it! The site then sends a portion of what you spend directly to IAH.



At Amazon, go to [Smile.Amazon.com](https://www.amazon.com/smile). The site will ask you to select a charity to support—you simply choose Ion At Home (note: NO apostrophe). Once you've selected IAH, remember to begin all your Amazon shopping at [Smile.Amazon.com](https://www.amazon.com/smile). The Amazon Foundation makes a donation to IAH for virtually all items you purchase through Amazon Smile.



MEMBERSHIP COMMITTEE

This month we welcomed four new members to IAH: Dale and Rob Brokaw of 68 Jogging Street; and Clint Struthers and Rebecca (Becky) Youle of 51 Jogging Street.

As always, names of neighbors you know who might appreciate a call or visit are welcomed by Kathryn Murray (Kathmurr@gmail.com; 205-999-7664).

RESOURCES AND INTERESTING INFORMATION

In this section, we include links to articles about issues related to “advancing in life.” If you see something that you think IAH members and friends might find of interest, please send it to [Lori Feehan](#), our new newsletter editor.

- Vicky Fogg, [Lesson 1: What to do when your “empty nest” is actually full—of stuff](#) (*Washington Post*, November 18, 2019)
 - Carolyn Jacobs, [An Unabashedly Honest Conversation on the Realities of Aging](#) (*Strianews.com*, October 14, 2019)
 - Gretchen Reynolds, [The Right Kind of Exercise May Boost Memory and Lower Dementia Risk](#) (*New York Times*, November 6, 2019)
 - Deborah Quilter, [How to Write a Compassionate Condolence Letter](#) (*NextAvenue.org*, November 1, 2019)
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RECENT IAH EVENTS

Hiking Interest Group - Bulls Island
Coordinated by Libby Eble

How to Make Baklava
Coordinated by Myrto Tsavalas

Powder Magazine: Lunch & Lecture Series
Coordinated by Sheri Elliot

Picture Perfect Charleston Walking Tour
Coordinated by Kathy Coffman

Fall Fete
Coordinated by Harriet Ripinsky





CONTACT US

Just to be sure you have this information:

- **Website:** www.ionathome.org
- **E-mail:** ion@ionathome.org
- **Phone:** 843-284-3590 (office hours 9:00 AM-1:00 PM Monday-Friday; leave a message and someone will get back to you)

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