

Events for June

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I'ON AT HOME NEWS

Member Newsletter for June 2020



MESSAGE FROM YOUR PRESIDENT

Well, here we are at the end of our third month in COVID-19 stay-at-home mode. We're all trying to keep ourselves, our families, and our community safe by limiting our interactions and following recommended practices. In South Carolina and many places, it's worked to flatten the curve. We're in this for the ups and downs of the long haul, and some positive consequences are emerging, such as a temporarily improved environment.

BUT, let's face it. As a group, those of us "progressing in life" are at risk of becoming isolated. Social interaction, cognitive stimulation, and physical activity are critical ingredients in successfully remaining independent in our homes. I'On At Home continues to offer opportunities in all of these areas. Our Programs Committee volunteers are working hard to develop events that can be done virtually online. While it's not the same as actually being together, it certainly is better than no interaction. See below for upcoming activities and go to our [website](#) to register.

In addition to events, IAH can assist members with shopping for food, medications, and other critical supplies. These items can be safely left on porches to avoid personal contact. [Sign up](#) for these services on our website, or call 843-284-3590.

Finally, the IAH Board of Directors wants to thank our members for your patience with the limitations in our programs and services due to COVID-19. In recognition of this situation, our usual 12 month membership terms have been extended by 3 months. Everyone whose membership was active as of May 1, 2020 has had this time added. Any new memberships received in May will have a 13 month initial term, instead of the usual 12 months.

As always, if you have questions or comments, please contact me directly at brvanwie@gmail.com or 843-860-2990. I am grateful for your involvement and support of I'On At Home!

Please take care of yourselves!!!
Virtual hugs!!

Becky
[Becky Van Wie](#), President
843-860-2990

IAH EVENTS AND PROGRAMS

Greetings IAH members,

We plod on and endure. We're all in this together. Thank goodness for the lovely weather and singing birds, it is so pleasant to sit outdoors and enjoy.

June 10 - Documentary Discussion: *The Music of Strangers Yo-Yo Ma and the Silk Road Ensemble* - via Zoom

June 10 - (tentative) Happy Hour at Community Table, 4-6 pm

June 12 - Wellness Pantry Drive for ECCO - Maybank Green (see below)

We continue to look for ways to entertain. Please check the [website](#) on a frequent basis for any additional events that might be added. Be safe and healthy.

With best wishes, Peggy Watt and Joe Fanelli, the Programs Committee

MEMBERSHIP COMMITTEE

Please welcome IAH's newest members: Julia Forster and John Thompson who reside on Isle of Hope.

Member Yani Horan, who joined as a Friend of I'On member while living on Daniel Island, will become an I'On resident on Latitude Lane in June. Please extend a warm neighbor welcome to Yani!

At our April meeting via *Zoom*, we shared our experiences using the app *Houseparty* - a video and voice calling app available to Android, iPhone and iPad users. It is great for video events and an option that might appeal to those who prefer not to use *Zoom*.

PARTNERSHIP with The I'On Trust

After a successful small scale, low touch food drive for ECCO in April; the IAH Board easily endorsed a second one. This time, IAH has partnered with The I'On Trust to sponsor a community-wide I'On food drive, again for ECCO on Friday, June 12th! Check out the event link [here](#).



Thank You

I'On

for helping our neighbors in need!

Please bring your donations to
Maybank Green on:

Friday, June 12, from 12-2

The following items are currently needed:

Cheerios

Beef Stew

Grits (1 lb)

Canned Pasta

Rice (1 lb)

Peanut Butter

Laundry Detergent

Dish Soap



Monetary donations make a direct impact!
Please notate on your donation that it is
specifically for ECCO's Wellness Pantry.

For questions or to become an ECCO partner, contact Carlo Wright,
Warehouse Manager - cwright@eccocharleston.org | 843.416.7129.

If you have any questions for IAH, please contact Sarah Fischer (IAH Exec.
Director) at sarahf@ionathome.org.

RESOURCES and INTERESTING

INFORMATION

In this section, we include links to articles and resources about issues related to “advancing in life.” If you see something that you think IAH members and friends might find of interest, please send it to [Lori Feehan](#), newsletter editor.



Ways to help older neighbors and relatives in isolation (and how they can help you) <https://www.washingtonpost.com/lifestyle/2020/05/06/seniors-isolation-quarantine-help-how-to/>

CONTACT US

Just to be sure you have this information:

- **Website:** www.ionathome.org
- **E-mail:** ion@ionathome.org
- **Phone:** 843-284-3590 (office hours 9:00 AM-1:00 PM Monday-Friday; leave a message and someone will get back to you)

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