

Events for August

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I'ON AT HOME NEWS

Member Newsletter for August 2020



Gladiolus

MESSAGE FROM YOUR PRESIDENT

Greetings, everyone! I do hope this newsletter finds you and your loved ones well and coping with COVID-19 adequately.

I'ON AT HOME NEEDS YOU!!!

Remember the World War I poster of Uncle Sam pointing a finger to convince young men that it was their moral responsibility to enlist? We're not taking that threatening approach, but I'On At Home (IAH) **does need help from our members and volunteers!!!**

We are always grateful for our service volunteers. In non-COVID times, this caring group provides transportation, handyman-type help, and many other

There is also **a sizable group of volunteers who provide leadership on our Board of Directors and staff our five committees. It is these volunteer roles, especially in leadership positions, that we want to ask each of you to consider at this point.** Please think about helping in this special way! We can tailor your involvement to your interests, experience, and time available. Take it from me, there is no better way to get to know our wonderful neighbors! Our committees work as very collegial teams, sharing responsibilities, and enjoying the satisfaction that comes from shepherding a successful organization that provides benefits to many people. I invite you to contact me directly to discuss possibilities (Becky Van Wie – brvanwie@gmail.com or 843-860-2990)!

HOW TO SIGN UP FOR IAH ZOOM EVENTS (TECH TIP)

To protect our safety, almost all of IAH's Programs are being conducted virtually, using the Zoom app. To clear up any confusion about how to get the information needed to actually join the Zoom event:

1. Register for an IAH Zoom event exactly the same way you register for any IAH event (login to our website – www.ionathome.org, go to the page for the event, and click on REGISTER FOR THIS EVENT). NOTE: You must see REGISTRATION SUCCESSFUL at the top of the page in order to be sure you actually are signed up. You will also receive an e-mail registration confirmation. If you don't see both of these, you are not registered.
2. With every IAH event where you're registered, you will receive a reminder e-mail the day before that program. For Zoom events, the link to join the meeting will be included in the message. Both the confirmation and reminder e-mails will be from "I'On At Home." The first message will include the word "confirmation," and the second will include "reminder."

If you haven't used Zoom and want help with it, Sarah Fischer, our executive director, can provide that assistance (sarahf@ionathome.org).

As always, if you have questions or comments, please contact me directly at brvanwie@gmail.com or 843-860-2990. I am grateful for your involvement and support of I'On At Home!

Please take care of yourselves!!! Virtual hugs!!

Becky

[Becky Van Wie](mailto:brvanwie@gmail.com), President

843-860-2990

Hello IAH members,

We hope you're enjoying these dog days of summer in a cool place.

Our Biking Interest Group meets - in person - every Thursday morning.

With so many folks staying close to home, now is a good time to bake bread, learn a new language or a musical instrument.

View an entertaining documentary from this resource:

<https://www.timeout.com/newyork/film/best-documentaries-of-all-time>.

Please visit the [IAH website](#) for additional event information.

Thanks, hope to see you soon!

Your Programs Committee

HURRICANE PREPARATION

Don't be a Hurrican-iac, be prepared for the season!

Just in time to distract us all from Covid-19, Hurricane Season will bring us the usual coastal threats and anxieties. Those of us who have been here for a while can aid those who are new to the area and hurricanes. A few of the basics:

- Develop a plan for the storm.
- Figure out where you will stay, especially if you have pets.
- Organize a “go” kit and/or a “stay” kit.
- Charge your devices and gas up your car.
- *And do let your I'On At Home liaison know your plans if you expect to leave.*
- *IAH can help get your porch furniture, plants, and trash/recycle bins secured by completing a service request.

To maximize your preparedness and minimize your concerns, please read up on our website how to prepare for storm season, and particularly Herb White's tips on what to do if a storm looks like it will approach.

- > <https://ionathome.helpfulvillage.com/pages/10019-news-and-announcements---iah>

TECH TIP: If logged into the IAH website follow the tabs: I'On At Home > General Information > News and Announcements - IAH > Emergency Preparation Roadmap and Resources.

It's been very inactive (we all know why) but here is an interesting article on how volunteering digitally can put latent talents and abilities to good use:

Virtual Mentors Finding Purpose

https://www.nextavenue.org/virtual-mentors-finding-purpose/?utm_medium=email&hsmi=90677967&hsenc=p2ANqtz-9HZP24iUp9Iwfs6GHE8SUNdQPRwSLMvnRR-6sWLVjSrPYluFpr96XgE5_V47nESLcIc6Fo2aYw8GjGEwLwnJAVNCaDrg&utm_content=90677967&utm_source=hs_email

TALKING TECH (NOLOGY)

Let's celebrate IAH partner success!

Do you know of Helpful Village (HV) and how I'On At Home members use HV? In July's newsletter, Becky noted tech services and platforms that make it possible for the operation of this organization. IAH's main tech partner is **Helpful Village**; HV provides our website, member/volunteer/donor database, processes for requesting and fulfilling services, posting and registering for events, etc.




Aging 2.0 Declares Helpful Village to be in top 50 Age-Friendly Technologies Worldwide

[Helpful Village](#) was recently nominated to advance in the Aging 2.0 Global Innovation Search competition. This contest is searching for the best aging-focused innovators in the world concentrating on mitigating social isolation. You can help Helpful Village advance to the finals during the public voting round by [voting for Helpful Village](#).

RESOURCES and INTERESTING INFORMATION

In this section, we include links to articles and resources about issues related to “advancing in life.” If you see something that you think IAH members and friends might find of interest, please send it to [Lori Feehan](#), newsletter editor.



Q and A: How to Remain Kind and Courteous...

https://www.washingtonpost.com/lifestyle/home/qanda-ways-to-remain-kind-and-courteous-in-this-period-of-social-distancing/2020/04/10/9b29aa88-7b32-11ea-b6ff-597f170df8f8_story.html

Are you having difficulty emoting with a mask on? Learn how to "SMIZE," or smile with your eyes from Tyra Banks/Supermodel

<https://www.youtube.com/watch?v=ApMoosgLjnU>

The Pandemic has Made my Hearing Problem Even More of a Problem

https://www.wsj.com/articles/the-pandemic-has-made-my-hearing-problem-even-more-of-a-problem-11594908056?st=jb80p43pw208blw&reflink=article_gmail_share

Women and Men Age Differently...

https://www.wsj.com/articles/women-and-men-age-differentlyin-more-ways-than-just-longevity-11594774800?mod=hp_lead_pos12

Taking a dip into intergenerational living:

https://blog.silvernest.com/intergenerational-living-for-lifelong-growth?utm_medium=email&hsenc=p2ANqtz--c3crrHJS9VCKfMacHag94RD9DDKWjuexZo-EetJgBhGN75_EP7XwACiM6enx80OeUYIgpHhrCbYLaEDNHgCyP_L5mKQ&hsmi=90677967&utm_content=90677967&utm_source=hs_email&hsCtaTracking=2b12382b-4b63-4847-b217-344aafeca236%7Cd18b1f34-7ce5-4cf3-81e0-1ad0aaa99e54

<https://www.nytimes.com/2020/07/17/opinion/coronavirus-family.html>

RECENT IAH EVENTS







CONTACT US

Just to be sure you have this information:

- **Website:** www.ionathome.org
- **E-mail:** ion@ionathome.org
- **Phone:** 843-284-3590 (office hours 9:00 AM-1:00 PM Monday-Friday; leave a message and someone will get back to you)

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