December

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I'ON AT HOME NEWS

Member Newsletter for December 2020



Hibiscus

MESSAGE FROM YOUR PRESIDENT

As I sit here in front of my toasty fire on a chilly pre-Thanksgiving morning, I am filled with gratitude. Certainly 2020 has been an unusual and stressful year. Most of us know someone who has had the virus, some of whom have been very ill or even lost their lives. Many of us have missed being with children and grandchildren and now face a holiday season where we'll have to settle for virtual gatherings. On top of those personal hardships, our nation seems more divided than ever before.

I recently rewatched "Hamilton" with my recuperating sister, and I was struck by one song, in particular – "Would That Be Enough?." It's repeated throughout the play with slightly different lyrics. It occurred to me that maybe that's a way to get through these challenges.

that's a lot. Living here allows us to get outside and benefit from sunshine and beautiful nature. All of these are wonderful things to savor.

On my list of blessings are all of you members and volunteers of I'On At Home! Thanks to you, IAH is continuing to deliver activities and assistance that keep us connected and safe, which are even more important now. If you need help, or just want to visit, please reach out by phone (843-284-3590) or e-mail (ion@ionathome.org). Check the Events page on our website frequently (www.ionathome.org) for programs you want to join, and let us know if you have ideas for future events.

I wish for each of you this Thanksgiving that you are able to stop and count the blessings you have <u>at that moment</u>. I hope that you can find a way to close your eyes, take a deep breath, and make all that you have "be enough."

As always, if you have questions or comments, please contact me directly at brvanwie@gmail.com or 843-860-2990.

Best wishes to you and your loved ones for a safe and Happy Thanksgiving!

Please take care of yourselves!!! Virtual hugs!!

Becky

Becky Van Wie, President 843-860-2990

IAH EVENTS AND PROGRAMS

Hello IAH members,

Like the daylight, our list of events for December is a bit shorter, but we still have some interesting events planned. Brighten your holiday by participating in one or all of them.

December 2 - Travelogue via Zoom: Peace Corps and More - Morocco

December 7 - Great Decisions Discussion Group - Artificial Intelligence

December 9 - Holiday Luncheon at Nico's on Coleman Boulevard

December 15 - Hiking Interest Group - Holiday hike/stroll of downtown decorations

December 16 - Spanish Wine Tasting, in-person, socially distanced

We're already planning events for January including a documentary group discussion, cooking demo, and a bourbon tasting.

Please check the website for details and registration. We look forward to seeing you!

We hope to see you soon! Joe and Peggy, Programs Committee co-chairs

ATTENTION SHOPPERS!

Did you know that one of the ways to support IAH through the pandemic is actually by SHOPPING! Doubtless some of us are doing more of our shopping online this year. Your purchases can help I'On At Home without you having to spend any additional money. **iGive.com** and **AmazonSmile** donate a percentage of your purchases to non-profit organizations like IAH. You just need to sign up one time.

<u>iGive.com</u> includes hundreds of merchants. Start at the <u>iGive website</u>, set up your account and select IAH as your charity with following link (you have to do this only once): <u>https://www.igive.com/welcome/lp16/cr64a.cfm</u> and then you are redirected to the shopping site you choose.

<u>AmazonSmile</u> is a website run by Amazon with the same products, prices, and shopping features as Amazon.com. When you shop on <u>AmazonSmile</u>, the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to your chosen charitable organization. Click smile.amazon.com before shopping to be eligible for the contribution. On your first visit to the site, it asks what charity you want to support. We are listed as "Ion at Home."

RESOURCES and INTERESTING INFORMATION

In this section, we include links to articles and resources about issues related to "advancing in life." If you see something that you think IAH members and friends might find of interest, please send it to <u>Lori Feehan</u>, newsletter editor.



The Best Live Animal Feeds from Around the World

• https://www.nytimes.com/2020/10/03/at-home/best-animal-feeds.html

 ${\it Uncover the Deep History of Charleston, SC \mid Virtual Walking Tour \mid Walk with Travel + Leisure, available on YouTube here:}$

https://www.youtube.com/watch?v=DLjkAYya4SA

RECENT IAH EVENTS

Walking tour of MUSC gardens (10.26.20) Hiking Group - James Island County Park (11.17.20)





CONTACT US

Just to be sure you have this information:

 $\bullet \quad \textbf{Website:} \, \underline{\textbf{www.ionathome.org}} \\$

• E-mail: ion@ionathome.org

• Phone: 843-284-3590 (office hours 9:00 AM-1:00 PM Monday-Friday; leave a message and someone will get back to you)

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