

#### Greetings IAH members,

Think our winters are cold? Warm up with a bike ride! Join your friends pictured above. Zip up, hop on your bike and meet the group at the I'On Club parking lot – 9:00 (new time) on Thursday mornings. You'll warm up quickly, enjoy some good exercise and catch up on neighborhood news!

In addition to our bike ride, we invite you to join our Hiking group on Tuesday and walk historic Hampton Park. This 60-acre jewel on the Charleston peninsula started as a plantation and had many lives including being farm, a race course, a Civil War prisoner of war camp and exhibition center.

Later in the month, we have two must-see events:

Jan 27 at 2PM, The Covid Vaccine: Why, when, how and what now??

*An overview of the current status of the Coronavirus and the various vaccines designed to treat it will be presented by our I'On* 

neighbor, Gary Headden, MD who is serving as Principal Investigator of the MUSC AstraZeneca vaccine trial. The presentation will be followed by a Q & A.

Jan 27 at 3PM, "A Life on Our Planet"

Join Carol Degnen for an on-line discussion of David Attenborough's majestic new documentary "A Life on Our Planet." The famed naturalist recounts his life, the evolutionary history of life on earth, the loss of wild places and offers a vision for the future.

Watch it in advance on Netflix: <u>https://www.netflix.com/title/80216393</u>

*We're always searching for new subjects and activities that interest you.* 

Please email your ideas to:

Joe Fanelli: <u>j\_fanelli@yahoo.com</u> Peggy Watt: <u>peggy.watt@comcast.net</u>

We look forward to seeing you soon!

Joe and Peggy, your IAH Programs co-chairs

*Click on <u>IAH website</u> to see descriptions and sign up for all events and programs.* 

This Week at I'On At Home January 17 – 23, 2021

#### **Hiking - Hampton Park**

Tue 01 / 19 / 2021 at 8:45 AM Where: Hampton Park, 30 Mary Murray Dr., Charleston, SC More Information

#### **Board Meeting**

Tue 01 / 19 / 2021 at 3:00 PM

Where: Private Home, please log in to see more More Information

## IAH Biking Group

Thu 01 / 21 / 2021 at 9:00 AM Where: I'On and surrounding neighborhoods More Information

## **Postponed - Cooking Demonstration- Shrimp Risotto**

Thu 01 / 21 / 2021 at 3:00 PM

Where: Zoom

More Information

Next Week at I'On At Home January 24 – 30, 2021

# THE COVID VACCINE: Why, when, where, and what now??

Wed 01 / 27 / 2021 at 2:00 PM

Where: ZOOM

More Information

## **Documentary discussion:** "A Life on Our Planet"

Wed 01 / 27 / 2021 at 3:00 PM

Where: Zoom

More Information

### IAH Biking Group

Thu 01 / 28 / 2021 at 9:00 AM Where: I'On and surrounding neighborhoods <u>More Information</u>

Thank you! I'On At Home