

On Groundhog Day, Punxsutwaney Phil came out and saw his shadow, foretelling six more weeks of winter. Don't despair! IAH will be bringing you a number of virtual programs for entertainment and learning as well as socially distanced outdoor events to help you survive the winter doldrums.

We'd like to give a special thanks to Dr. Gary Headden for another informative zoom meeting providing an insider's look at covid vaccine development and the encouraging in ahead. If you have any further questions, you can reach Gary at <u>headdeng@MUSC.edu</u>.



Let's not forget IAH's Bourbon aficionados, George Watt and Don Wilbur who took us on a superb Bourbon Tasting tour hosted on a brisk day in Lori and Jim Feehan's wonderful garden patio.



#### Here's what's happening this week:

#### Feb 11 at 9:00AM, IAH Biking Group

It's warming up, so hop on your bike and join our biking group. Meet us at the I'On Club parking lot every Thursday morning for an hour ride. Enjoy some good exercise and catch up on neighborhood news! All levels are welcome.







# Feb 11 at 3-4:00PM, Chinese Cooking Demonstration

The Year of the Ox begins on February 12.

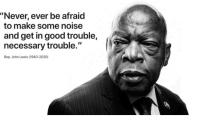
Celebrate Chinese New Year and join Bob Hardie's cooking demonstration on Sweet and Sour Pork. Bob and Gail Hardie will share wok cooking techniques learned during their ten years living in Taiwan and China. They will provide tips on preparing sauces and ingredients, and demonstrate the final cooking stages of a classic Chinese stir-fried dish.

Here's the recipe if you would like to cook along with Bob: <u>Bob Hardie's Stir Fry</u> <u>Recipe</u>

# February is Black History Month and we have two special events planned.

On Feb 16 at 7PM, we'll be viewing and discussing "Good Trouble", the 2020 American documentary about the life of civil rights activist and United States congressman John Lewis.

The video is available for streaming on-line.





On Feb 23 from 11AM to 1PM, Anne Janas has arranged a private tour of McLeod Plantation just for IAH members. The tour is outdoors and use of masks and social distancing are required.

February marks the start of a series of events featuring IAH members who are accomplished in a particular field. Our first presentation on Feb 17 at 3PM, "Re-Envisioning America Through Diversity", features Brady Anderson, Ben Tenille and Bill Sage who have been prominent in government, politics and law. They will discuss the White House transition and the most critical issues facing the Biden presidency.

*Participants will be encouraged to ask questions of the panel.* 





Finally, those of you looking to socialize over cocktails, especially relatively new members who want to meet others in the IAH community, sign up for Cocktails and Conversation on Feb 19.

Groups of no more than six people meet for cocktails outdoors on a member's porch or patio. Everyone brings their own drinks and snacks. Seating is arranged to allow for social distancing. It's a safe but enjoyable way to meet new people and enjoy lively conversation.

#### Click on: <u>I'On At Home Events</u>

to sign up for these and other events and programs.

#### Here's what's coming up later in the month:

Feb. 16 Hiking Group - Isle of Palms Beach Walk
Feb. 16 IAH Board of Directors meeting
Feb. 16 Documentary Discussion: Good Trouble
Feb. 17 Panel Discussion: Re-Envisioning America through Diversity
Feb. 18 IAH Biking Group
Feb. 19 Cocktails and Conversation
Feb. 23 Outside tour of McLeod Plantation
Feb. 24 Spring Gardening Tips from the Clemson Extension Service
Feb. 25 IAH Biking Group

*We're always searching for new subjects and activities that interest you. Please email your ideas to:* 

Joe Fanelli <u>j\_fanelli@yahoo.com</u> Peggy Watt <u>peggy.watt@comcast.net</u>

We look forward to seeing you soon!

Joe and Peggy, your IAH Programs co-chairs

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#### This Week at I'On At Home February 8 — 14, 2021

# **Programs Committee Meeting**

Mon 02 / 08 / 2021 at 11:00 AM Where: Zoom More Information Advisory Council Wed 02 / 10 / 2021 at 4:00 PM Where: Zoom More Information IAH Biking Group Thu 02 / 11 / 2021 at 9:00 AM Where: I'On and surrounding neighborhoods More Information

# **Chinese Cooking Demonstration**

Thu 02 / 11 / 2021 at 3:00 PM

Where: Zoom

More Information

Next Week at I'On At Home February 15 – 21, 2021

# Hiking - Beach (Isle of Palms)

Tue 02 / 16 / 2021 at 8:30 AM

Where: Isle of Palms, Corner of 14th and Ocean, Isle of Palms, SC

More Information

#### **Board Meeting**

Tue 02 / 16 / 2021 at 3:00 PM

Where: Private Home, please log in to see more

More Information

### **Documentary discussion: Good Trouble**

Tue 02 / 16 / 2021 at 7:00 PM

Where: Zoom

More Information

### Panel Discussion: "Re-envisioning America Through Diversity" by three prominent IAH members

Wed 02 / 17 / 2021 at 3:00 PM

Where: Zoom

More Information

# **IAH Biking Group**

Thu 02 / 18 / 2021 at 9:00 AM Where: I'On and surrounding neighborhoods More Information

# **Cocktails and Conversation**

Fri 02 / 19 / 2021 at 4:30 PM

Where: Private Home, please log in to see more More Information

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Thank you! I'On At Home