



Greetings IAH Members:

Happy 4th of July!

In last week's update we talked about having a reduced number of events during the months of July and August due to the fact that many of our members are away and the intense South Carolina heat prevents us from safely having many outdoor activities. Our programs would then pick up in the beginning of September when the weather cools down.

We've heard from several members that those of you who are in town over the summer continue to look forward to IAH programs and events. We can assure you that your Program Committee didn't go on vacation and are working diligently to create appealing July and August events and activities.

Below are some of the new July offerings. Please check the IAH website frequently for late breaking news and new event information.

Have a safe, healthy, and fun 4th of July!

Here's what's happening in July:

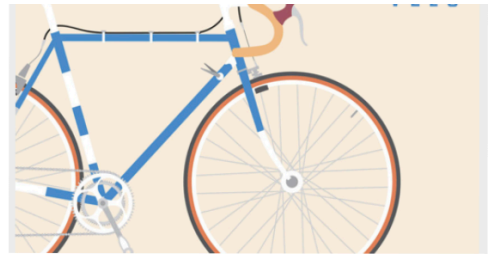
***IAH Biking Group / Every Thursday
July 8th, 15th, 22nd & 29th
from 8:00AM - 9:00AM***

Hop on your bike and join our IAH biking group. Meet us at the I'On Club parking lot every Thursday morning



us at the I'On Club parking lot every Thursday morning for an hour ride. All levels are welcome. Please be sure to bring a helmet and water. We will be passing in and out of I'On so participants can stop when they want.

Len Hanson keeps our Bike Group rolling!



The group will depart from the club promptly at 8AM.

July 18th 4:00PM to 5:30PM

Bocci & Booze



Come play the ancient game of Bocce. There's a reason the game has endured for centuries. It's easy and fun. We'll meet on the Bocci court in Avant Garden on the corner of Westlake and Latitude.

Bring your beverage of choice. No skill is required but a sense of humor helps! Bocci Queen Kathy Coffman is in charge of this event.

July 20th 7:30AM

IAH Hiking Group. / Meet at the I'On Square - corner of Civitas and N. Shelmore

Due to the summer heat and many of us taking advantage of being able to travel again we will walk in the neighborhood during the summer months. If we have an unexpected cool morning we might walk to Waterfront Park and back.

Keep up the pace with our event organizer Libby Eble.



July 22 at 5:00PM - 6:00PM

IAH Happy Hour at Community Table

Grab a cool drink, some delicious appetizers and



Grab a cool drink, some delicious appetizers and celebrate with your fellow IAH members at Community Table. We'll be celebrating indoors.



Cha Ching...Happy Hour pricing on wine and appetizers

Cheers to Peggy Watt for putting this together!



July 23 at 5:00PM - 6:30PM

Cocktails and Conversations is a great way for members, especially if you are new to IAH, to meet others in the IAH community.

Groups of six or eight people meet for cocktails outdoors on a member's porch or patio. Everyone brings their own drinks and snacks. Seating is arranged to allow for social distancing. It's an enjoyable way to meet new people and enjoy lively conversation. Please go to the IAH Website and register by Thurs 5pm, the evening before the event to allow for logistical organization.

If you are willing to host future get togethers, please indicate that in the comments box, as well as whether you can accommodate six or eight people with appropriate social distancing.

All registered participants will be contacted, by the morning of event, regarding location.

Kathie Haas and Mary Kaplan co-host this event.

July 27th at 7:00PM to 8:00 PM
SKID ROW MARATHON

When Craig Mitchell, a criminal court judge, starts a running club on LA's notorious skid row and begins training a motley group of addicts and criminals to run marathons, lives begin to change.

SKID ROW MARATHON follows four runners as they rise from the mean streets of LA to



run marathons around the world, fighting the pull of homelessness and addiction at every turn.

Their story is one of hope, friendship, and dignity.

Participants are invited to watch this documentary, Available on Amazon Prime and Apple TV, prior to July 27, and join a Zoom discussion at 7:00pm.

Kate Hardie, an LA attorney who has tried cases before Judge Mitchell, is invited to join our Zoom meeting.

A Zoom meeting invitation will be sent to participants before the call.

Bob Hardie is the producer of this event and yes...also the proud dad of the LA attorney!



July 28th at 4:00PM to 6:00 PM

Afternoon Dolphin Sail aboard the Schooner Pride



Join us for a lovely afternoon dolphin sail around the harbor on the Charleston's only 3-mast tall ship. The Schooner Pride is modeled after an 18th century coastal trading schooner and is owned by IAH members Bob and Lucy Scribner's company, Charleston

Tours & Events.

This sailing is open to the public, so make your reservations as soon as possible. You may bring guests. Go to the IAH website to register and then call CHS Harbor Tours for tickets at 843-722-1112. Use the I'On promo code for a discounted price. Tickets are nonrefundable.

Meeting location: The Schooner Pride is docked at the Aquarium Wharf at 360 Concord Street. Please check in 10-15 minutes prior to cruise time.

Parking: The best option is the parking deck adjacent to the Aquarium. There are also metered spaces along Concord and Charlotte Streets.

For additional information please visit the website:

<https://Charlestonharbortours.com>

Peggy Watt is Captain of this event!

CLICK HERE to go to the IAH Website and ***signup*** for these and other events and programs.

*We're always searching for new subjects and activities that interest you.
Please email your ideas to Joe and Peggy, your IAH Programs co-chairs.*

We look forward to seeing you soon!

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Peggy Watt: peggy.watt@comcast.net



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