

[New Events for October! Reserve Your Place Today!](#)[View this email in your browser](#)

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## I'ON AT HOME NEWS

### **Member Newsletter for September 2017**

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We are all thankful that I'On dodged the worst of Irma. Of course, we share great concern about those who were so tragically impacted elsewhere. The experience has made those of us responsible for I'On At Home operations realize that we need to develop a plan to stay in touch with our members in the event of any similar future situation. We will be working on procedures to gather information about who is staying here during a storm. While we do not have the capacity to be first responders, we want to be able to check on folks and perhaps facilitate any help that might be needed. We will share information with you when these procedures are finalized.

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### **PARTICIPANTS ENJOYED RECENT IAH EVENTS**

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I'On Eclipse Party August 21, 2017



Tech Talks: Getting to Know Instagram September 13, 2017



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## MEMBER SERVICES

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Many of you are Full Members of IAH, while others are Supporting Members. All members may participate in our programs and events and have access to our Preferred Providers directory. The difference is that Full Members also may benefit from volunteer-provided services.

**FULL MEMBERS, PLEASE USE IAH SERVICES!** We have trained and vetted volunteers who are eager to help you. They are your neighbors and are ready to assist with:

- Household chores and simple handyman tasks, such as changing a high light bulb, hanging pictures, fixing a gate latch, taking boxes to the attic, light yard work, etc.
- Out of town house-checking, watering plants, etc.

- Transportation – rides to medical appointments, the airport, etc.
- Preparing or picking up a meal
- Daily check-ins or friendly visits
- Technology help with basic tasks like setting up a new phone or computer



Sample service from I'On At Home

It's easy to ask for services on our website. Click on this [link](#) for instructions (look under "Members"). If you need help with something, and you're not sure whether IAH can provide it, please e-mail or call us at [ion@ionathome.org](mailto:ion@ionathome.org) or 843-284-3590. Someone will get back to you with more information.

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## UPCOMING EVENTS

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Although the calendar doesn't officially show that fall has arrived, IAH autumn activities are in full swing. Remember that, while most events are for members only, at least one each month is open to all I'On neighbors. **The following September events still have room for more participants:**

- [Great Decisions Forum](#) (9/18) (members only)
- [Meet Us at Soft Surroundings](#) (9/24) (open to all I'On neighbors)
- [Celebrating 15 Years of the Village Movement, Featuring Atul Gawande](#) (9/25) (open to all I'On neighbors)



- [Fred's Film Forum – "The Music of Strangers: Yo-Yo Ma and the Silk Road Ensemble"](#) (9/28) (members only)

### **Here's the great event line-up for October:**

- [Gospel Sunday Brunch](#) (10/1) (members only)
- [Great Decisions Forum](#) (10/2) (members only)
- [My Favorite Place Is...Camino de Santiago Trail](#) (10/9) (members only)
- [Book Lovers' Luncheon: Focus on Mysteries](#) (10/11) (members only)
- [Collector's Circle at Kathy and Steve Coffman's](#) (10/11) (members only)
- [Barbeque Around the Campfire](#) (10/24 – date tentative) (open to all I'On neighbors)
- [Introduction to Guided Imagery and Hypnosis](#) (10/25)(members only)

Follow the links above for more information on our website and to register. If you see that an event in which you are interested is full, please e-mail [ion@ionathome.org](mailto:ion@ionathome.org) or call 843-284-3590 to let us know you'd like to attend. Sometimes our numbers can be stretched a bit, or there may be a cancellation.

Thanks to the Program Committee for making these great events possible: Barbara Fowler, Lori Bate, Delores Rosebrock, Barbara Wade, LaVon McNaughton, Kathryn Murray, Cheryl Pitts and Fred White.

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## **IAH MEMBERSHIP UPDATE**

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We now have 68 memberships, representing 110 people, almost at our 2017 goal of 70. We really appreciate the referrals sent to us by current members. Particularly if someone is new to your street or neighborhood and might benefit by IAH, let them and us know. Please contact Barbara Cole at [brcole60@comcast.net](mailto:brcole60@comcast.net) and she will plan a visit from a Membership Committee Liaison.



**It's never too late to join I'On At Home.** All memberships are for 12 months from the time you join. Check our [website](#) for membership information.

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## RESOURCES AND INTERESTING INFORMATION

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In this space, we will share news articles and other information related to aging in place (click on the blue, underlined text to follow the live link). If you find something like this, please let us know.

- Lavine, Hallie (September 16, 2016) ["5 Myths about Aging"](#) *Consumer Reports*
- Keller, Bert and Simpson, Bill (August 24, 2017) ["Protect Your Joints"](#) *Post and Courier*
- Keller, Bert and Simpson, Bill (September 4, 2017) ["The Importance of Friendship"](#) *Post and Courier*

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## CONTACT US

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Just to be sure you have this information:

- Website: [www.ionathome.org](http://www.ionathome.org)
- E-mail: [ion@ionathome.org](mailto:ion@ionathome.org)
- Phone: 843-284-3590 (office hours 9:00 AM-1:00 PM Monday-Friday; leave a message and someone will get back to you)

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