

[New Events for November! Reserve Your Place Today!](#)[View this email in your browser](#)

I'ON AT HOME NEWS

Member Newsletter for October 2017

Our Lowcountry temperatures finally match the calendar. Fall is definitely in full swing for I'On At Home activities. If you've been participating in our events or using our services, thank you!

If you're an IAH member and have not yet participated in any way, now is a great time to get involved! Check out the information in this newsletter and our [website](#) to see all of the terrific opportunities.

If you are not yet an IAH member, and you're an I'On neighbor age 55 and up, please consider joining our nonprofit organization. Our purpose is to provide activities and support that will enable members to remain in their homes as they "progress in life." While most of us at this point do not require care services, IAH makes it possible to live more care-free, knowing that assistance will be available when the inevitable time comes that it is needed.

More [information about membership](#) is on our website, or you may contact us directly at ion@ionathome.org or 843-284-3590.

PARTICIPANTS ENJOYED RECENT IAH EVENTS

Celebrity Chef - October 7, 2017

(Hosted by Brenda and Jerry Uttaro)



My Favorite Place Is... Camino Trail - October 12 , 2017

(Hosted by Mary and Don Wilbur)



PROJECT BATTERY BRIGADE

We're happy to let you know about a new service from I'On At Home. Still in the planning stages, Project Battery Brigade will be available in January, 2018 to change your smoke alarm batteries. Just think, no more "BEEP, BEEP, BEEP!" in the middle of the night!

Volunteers will provide this service free of charge for IAH members. For other I'On neighbors, we will request a donation of \$20 to our charity. Youth volunteers will be included and will be paired with trained IAH adult volunteers.

Watch for more information in these newsletters and in "Living in I'On." If you want to participate, a sign-up process will be available. In addition, we will be

recruiting volunteers. Meanwhile, if you have immediate questions, please contact Anne Register (awregister44@gmail.com or 843-860-3179).

AN EASY WAY TO SUPPORT I'ON AT HOME WITH YOUR ONLINE HOLIDAY SHOPPING

iGive.com is changing online shopping for good!

Smart shoppers are always looking for ways to stretch every dollar. Sometimes we face hard choices as we plan for special occasions, holiday gifts, and charitable giving. With iGive.com, you don't have to choose between buying something or sending a donation to I'On At Home. Now you can buy the things you need, save money with exclusive iGive coupons and deals, and feel good knowing that a portion of each purchase benefits our organization. Thus far in 2017, IAH has received more than \$123.56 from iGive! Including last year, our total is \$174.09!



Learn more at: www.iGive.com/IOnAtHome

WE WANT YOU!!!

... to be part of an I'On At Home committee. If you've been looking for a way to meet more I'On neighbors and get involved in our community, joining an IAH committee is a perfect way to do both! Our energetic and enthusiastic volunteers make all the good stuff happen. Committees include Finance, Fundraising, Marketing and Communications, Membership, Programs, and Volunteer Services. And, of course, our Board of Directors oversees everything.

We all know that it takes a village to raise a child. Now we also know that it takes a different kind of village (in this case, the "I'On At Home Village") to create a community that will support us as we "progress in life" and want to remain in our homes as long as possible. IAH is on a cutting edge journey to ensure this village is there when we need it.

COME JOIN US IN THIS EXCITING ADVENTURE!!! See our [website](#) for more information or contact Anne Register (awregister44@gmail.com or 843-860-3179).

MEMBERSHIP UPDATE

An update on membership shows 69 memberships with 113 people. We'd love to have referrals of your neighbors—talk it up with them!! Contact Barbara Cole at brcole60@comcast.net to pass along your suggestions. It's never too late to join, since all memberships are for 12 months from the time you sign up. See our [website](#) for information and an application.

UPCOMING EVENTS

The IAH Programs Committee does a terrific job of planning our programs and activities. Most are for members only, but each month at least one is open to all I'On neighbors.

The following October events still have room for more participants:

- [Barbeque Around the Campfire](#) (10/24, open to all I'On neighbors)
This new event promises to be a fun way to visit with neighbors and enjoy some good SC "cue." We need at least 15 people to register by 10/20 to make it possible.
- [Introduction to Guided Imagery and Hypnosis](#) (10/25, members only)

Here's the great event line-up for November:

- [Book Lovers: Focus on Historical Fiction](#) (11/2, members only)
- [Great Decisions Forum](#) (11/6, members only)
- [Fred's Film Forum](#) (11/8, members only)
- [Helping Your Grandkids Go to College](#) (11/9; this event is reserved for IAH members until 11/2 and open to all neighbors after that date on a space available basis with advance registration.)
- [Lowcountry Olive Oil Tasting Session](#) (11/10; this event is reserved for IAH members until 11/3 and open to all neighbors after that date on a space available basis with advance registration.)
- [Join Us at Wonder Works](#) (11/14, open to all I'On neighbors)
- [Harvest Fest at Fratellos](#) (11/14, open to all I'On neighbors)
- [Behind the Scenes at the Gibbes Museum](#) (11/16, members only)
- [I Need Help with My Smart TV](#) (11/16, members only)
- [Thanksgiving in I'On](#) (11/23, this event is reserved for IAH members until 11/16 and open to all neighbors after that date on a space available basis with advance registration.) We're still working on plans for this one. If

you are interested, please register for the event, and we'll be in touch with more details.

Follow the links above for more information on our website and to register. If you see that an event in which you are interested is full, please e-mail ion@ionathome.org or call 843-284-3590 to let us know you'd like to attend. Sometimes our numbers can be stretched a bit, or there may be a cancellation.

Thanks to the Program Committee for making these great events possible: Barbara Fowler, Lori Bate, Delores Rosebrock, Barbara Wade, LaVon McNaughton, Kathryn Murray, Cheryl Pitts and Fred White.

RESOURCES AND INTERESTING INFORMATION

In this space, we will share news articles and other information related to aging in place (click on the blue, underlined text to follow the live link). If you find something like this, please let us know.

- Brody, Jane E. (September 25, 2017) ["Vision and Hearing Loss Are Tied to Cognitive Decline"](#) New York Times
- The Conversation Project and the Institute for Healthcare Improvement (2017) ["The Conversation Starter Kit"](#)
- Keller, Bert and Simpson, Bill (September 18, 2017) ["Aging for Amateurs: Rock steady with Parkinson's"](#) Post and Courier
- Keller, Bert and Simpson, Bill (October 2, 2017) ["Aging for Amateurs: The healing of memory"](#) Post and Courier

CONTACT US

Just to be sure you have this information:

- Website: www.ionathome.org
- E-mail: ion@ionathome.org
- Phone: 843-284-3590 (office hours 9:00 AM-1:00 PM Monday-Friday; leave a message and someone will get back to you)

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