



Dear I'On At Home Members,

IAH is run by a group of volunteers who put a lot of time and energy into providing members with valuable events. Our goal is to deliver these events to as many of our members as possible. Generally, our events are well attended and we appreciate your participation and support.

Please note that some events are limited in capacity due to the venue or nature of the event. If you register for such an event and determine that you cannot attend, please notify the event organizer or post a note in the event listing on the website as soon as possible. This courtesy will allow other members wanting to attend to be able to do so.

On the other hand, if you find an event you would like to attend is at capacity, add your name to the Waiting List. There are often cancellations.



*Thank you for your cooperation.
Peg Higgins,
IAH President*

Here's what's happening in November:



Sunday, Nov 7th

3:00PM to 5:00PM

Bocce & Booze

Avant Garden Park (South side of West Lake)

Come play the ancient game of Bocce. There's a reason the game has endured for centuries. It's easy and fun. We'll meet on the Bocce court in Avant Garden on the corner of Westlake and Latitude.

*Bring your beverage of choice. No skill is required but a sense of humor helps!
Bocce Queen Kathy Coffman is in charge of this event.*



**Programs
Committee
Meeting**

Monday, Nov. 8th at 11:00AM

IAH Programs Committee Meeting

(Zoom meeting)

Monday, Nov. 8

Make a Needy Child's Christmas Bright!

Wouldn't you love to spread a little holiday spirit? You have an opportunity to play Santa Claus to the children of needy families in our area.



EAST COOPER COMMUNITY OUTREACH



Once again, we will be joining forces with East Cooper Community Outreach (ECCO). Annually, ECCO organizes a program to assist Mt. Pleasant community families who cannot afford holiday gifts for their children.

On Monday, November 8th, we will select the families IAH will adopt. Families will provide a detailed wish list for each child. Unwrapped gifts will be dropped off at an IAH member's home the first week in December.

[CLICK HERE](#) to register for our Adopt a Family event. Only one member of a household should register. Post a message in the comment section indicating the number of children for whom you would like to purchase gifts.

NOTE: Your gifts may be the only ones that these children are getting. It's our hope that you will provide an age appropriate book plus 5 gifts for each child.

Once registered, you'll receive an email with the list of gifts to buy for your selected family.

To learn more about ECCO, please visit their website: eccocharleston.org

IAH's own Holiday Elves Kathy Coffman, Mary Wilber and Dale Brokaw have organized this event.

Tuesday, Nov. 9th
2:00PM - 3:00PM
IAH Public Affairs Panel
(Zoom Meeting)



Plan to join the I'On at Home Public Affairs Panel to hear a discussion of the latest developments in the longstanding infrastructure bill, which is currently the topic of heated debate in the Congress.



Should Congress reach agreement by November 9, the panel will focus on what the bill means and what it will cost, politically and economically, to both parties and to the taxpayers. If agreement has not been reached, they will discuss the reasons for the delay and its ramifications.

The second topic is the threat posed by China's potential intervention in Taiwan. With the increase in saber-rattling by the Chinese, the panel will focus on the likelihood of military action against Taiwan and what this could mean to U.S. foreign policy, the semiconductor industry, and general stability in Asia Pacific.



Brady Anderson and Bill Sage will bring their expertise to the discussion of these topics, which will be moderated by Tom Martin. action against Taiwan and what this could mean to U.S. foreign policy, the semiconductor industry, and general stability in Asia Pacific.

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Wednesday, Nov. 10th

5:00PM - 6:00PM

IAH Happy Hour at Community Table



Grab a cool drink or maybe a hot toddy, some delicious appetizers and celebrate with your fellow IAH members at Community Table. We'll be celebrating indoors.



Cha Ching...Happy Hour pricing on wine and appetizers

Cheers to Peggy Watt for putting this together!

Thursday, Nov. 11th

8:30AM - 9:30AM

IAH Biking Group



Hop on your bike and join our IAH biking group. Meet us at the I'On Club parking lot every Thursday morning for an hour ride. All levels are welcome. Please be sure to bring a helmet and water. We will be passing in and out of I'On so participants can stop when they want.

Len Hanson keeps our Bike Group rolling!

The group will depart from the club promptly at 8:30AM.



Monday, Nov. 15th
9:00AM - 10:00AM
Introduction to Yoga featuring
Mary Gilliam, an I'on resident

Have you ever wanted to learn more about Yoga and its benefits for wellness? Then register for this event!

The session will be led by Mary Gilliam who has been a physical therapist for 25 years on from MUSC. She shifted her focus five years ago to wellness and co-owned a wellness studio in Edenton, NC before moving to I'On this year. Mary is an instructor in yoga, Tai Chi, Pilates, meditation and therapeutic exercise. She has graciously volunteered to introduce our members to Yoga and share the benefits of these exercises for wellness.

The event will be held outdoors. Wear comfortable clothing. Footwear is optional. Please bring a mat or towel.

Please practice social distancing. Masks are optional.

Thanks to Joe Fanelli for organizing this event.

Thursday, Nov. 16th
8:30AM - 9:30AM
IAH Hiking Group
Palmetto Islands County Park



This is a nature-oriented, 943 acre park built in a tropical setting. It has 4.4 miles of unpaved trails and 1.1 miles of paved trails. There are viewing areas of the marsh and tidal creek. There is a \$2.00 per person entry fee or you can use your Gold Pass if you have one.

Masks are not required for this event. However, if you are not vaccinated, please practice social distancing at all times.

*The group will depart from the club promptly at 8:30AM.
Yannis Tsavalas is the Scout Leader in charge of this trek.*



Tuesday, Nov. 16th
3:00PM - 4:00PM
IAH Board Meeting
(Zoom meeting)

Tuesday, Nov. 16th
3:30PM - 4:30PM
IAH Volunteer Training



Interested in becoming an IAH Volunteer?

Helping our members is a vital part of IAH.

If you would you like to be a IAH volunteer, come join us for a short training session for new volunteers on Tuesday, November 16 from 3:30-4:30. For more information, please contact either of our Volunteer Services Committee co-chairs:

Cathy Mooney
914.980.2187
Cat.fanelli@gmail.com

Janet Harper
843.801.0065
Jfelixharper@gmail.com

Wednesday, Nov. 17th

10:00AM - 11:00AM

En Plein Air Painting

Avant Garden Park (South side of West Lake)

I'On At Home artists, join us for En Plein Air painting. If you are an artist and you'd like to meet other artists from I'On, join us for outdoor painting. We will meet every other week for a fun morning. You don't have to be a Claude Monet. All experience levels are welcome including those who just want to come by and check it out. We just get together, paint and have fun.

Myrto Tsavalas has artfully organized this event!



Wednesday, Nov. 17th

4:00PM - 6:00PM

BROS & BREWS at the Grace & Grit Outdoor Patio

A social event for MEN ONLY.

Join other IAH members for Happy Hour at Grace and Grit which features tasting flights of Bourbon as well as other drinks and appetizers at reduced prices.

Given the close proximity of the seating, participation is limited to fully vaccinated people. The event is planned for outdoors weather permitting. Please bring a mask in case of inclement weather and seating is indoors..



Joe Fanelli ginned up this event!



Thursday, Nov. 18th
8:30AM - 9:30AM
IAH Biking Group



Hop on your bike and join our IAH biking group. Meet us at the I'On Club parking lot every Thursday morning for an hour ride. All levels are welcome. Please be sure to bring a helmet and water. We will be passing in and out of I'On so participants can stop when they want.

Len Hanson keeps our Bike Group rolling!

The group will depart from the club promptly at 8:30AM.



Friday, Nov. 19th
5:00PM - 6:30PM

Cocktails and Conversations is a great way for members, especially if you are new to IAH, to meet others in the IAH community.

Groups of six or eight people meet for cocktails outdoors on a member's porch or patio. Everyone brings their own drinks and snacks. Seating is arranged to allow for social distancing. It's an enjoyable way to meet new people and enjoy lively conversation. Please go to the IAH Website and register by Thursday 5pm, the evening before the event to allow for logistical organization.

All registered participants will be contacted, by the morning of event, regarding location.

This event will be held outdoors at private homes. Whether or not you are fully vaccinated, please wear a mask until you are seated and maintain social distancing at all times.

Kathie Haas and Mary Kaplan are co-hosts for this event!

Consider becoming a host for future get togethers!

Go to the comment box for this event on the IAH website and let us know that you're interested and if you can accommodate six or eight people with appropriate social distancing.

Thursday, Nov. 25th
8:30AM - 9:30AM
IAH Biking Group



Hop on your bike and join our IAH biking group. Meet us at the I'On Club parking lot every Thursday morning for an hour ride. All levels are welcome. Please be sure to bring a helmet and water. We will be passing in and out of I'On so participants can stop when they want.

Len Hanson keeps our Bike Group rolling!

The group will depart from the club promptly at 8:30AM.



Tuesday, Nov. 30th
3:00PM to 4:30PM
MEN'S BOCCE
Avant Garden Park
(South side of West Lake)

We haven't forgotten about you guys...

Step up and play the ancient game of Bocce with your crew!

Bocce is the 3rd most popular sport in the world, after soccer and golf. There are 25 million players in the U.S alone. It was played as early as 264 B.C. in Rome.

Not sure it's for you...think that you're better than the Roman Emperor Augustus, the ancient Greek physician Hippocrates and the astronomer Galileo who were all ardent players. Need a home grown example...how about George Washington who ruled his bocce court at Mount Vernon!

No skill or athleticism required...the game is easy and fun. It's as much about socializing and having a few laughs as playing the game!

We'll meet on the Bocce court in Avant Garden on the corner of Westlake and Latitude.

Covid restrictions: The event will be held outdoors. Any non-vaccinated players should wear a mask. For all others, masks are optional.

Bring your beverage of choice and your sense of humor...both definitely help when playing Bocce with the boys!

Herb "Bocce Ball" White is the Godfather of this event.

CLICK HERE to go to the IAH Website and signup for these and other events and programs.

*We're always searching for new subjects and activities that interest you.
Please email your ideas to Joe and Peggy, your IAH Programs co-chairs.*

We look forward to seeing you soon!

Joe Fanelli: j_fanelli@yahoo.com

Peggy Watt: peggy.watt@comcast.net



A community of friends enjoying enriched, vibrant and independent lives together.