

New Events for December! Reserve Your Place Today!

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I'ON AT HOME NEWS

Member Newsletter for November 2017

WHAAT?!?!?! The holidays are upon us? But wasn't Labor Day just a few weeks ago? Well, I guess it's true. The stores are decorated; the Hallmark Channel is holiday movies 24/7, and Y102.5 FM is all holiday music until New Year's.

As Thanksgiving approaches, I'On At Home has many blessings to count – our generous members, our caring volunteers, and our wonderful neighborhood that brings us all together! Please read on for more information on upcoming activities.

As always, we invite you to tell us what you want and need. What existing events do you want to continue or increase in number? What new events do you want? Are there special interest groups you'd like to get started? PLEASE LET US KNOW YOUR THOUGHTS!!!

Contact us at ion@ionathome.org or 843-284-3590.

PARTICIPANTS ENJOYED RECENT IAH EVENTS

Fred's Film Forum - November 8 , 2017

(Organized by Fred White and hosted by Barbara Wade)



SAVE THE DATE

I'ON AT HOME MEMBERSHIP AND VOLUNTEER APPRECIATION CELEBRATION

JANUARY 31, 2018

FRATELLOS ITALIAN TAVERN I'ON

(more information to come)

MEMBERSHIP UPDATE

We are ecstatic that we now have 70 memberships on board. But new members are always welcome! If you would like to be a member, or know of somebody who might, please contact Barbara Cole, brcole60@comcast.net.

Members, if you have joined as full members but haven't used the services and would like to change to be a supporting member, you may do so at any time by just letting Barbara Cole know. You will then be eligible for the tax write-off of 80% of your membership for the number of months you are a supporting member. Likewise, if you joined as a supporting member but would like to use services (remember, individual members are allowed 6 monthly and household members are allowed 10!!), you may also change by just contacting Barbara.

For those of you who haven't yet joined, we're aware that there may be some misunderstandings "out there." For example:

- You don't have to volunteer just because you're a member.
- Volunteer-provided services, such as help with simple household tasks, are FREE for members (a benefit for full membership).

- All volunteers are screened and trained. Included in their training is information about the critical importance of maintaining the privacy and confidentiality of the members they assist.

Membership is for 12 months (i.e if you join this month, your membership runs until Nov. 30, 2018).

VOLUNTEER SERVICES

Mentoring Project

One thing that is very true about the members of I'On At Home is that, taken together, the group has an outstanding level of experience with life, educationally, professionally, personally, and voluntarily through a myriad of community involvements. We believe this vast resource could be put to great use in a mentoring program for the young people in I'On.

Therefore, this serves as an official notice that IAH plans to develop such a program. We would like to collect names and background information (what you would like to do as a mentor) from those who want to participate. Then we will make an announcement to the neighborhood with specific opportunities listed. Our youth could sign up on a first-come, first-served basis. The particulars could be worked out between the mentor and the mentee, such as how often you get together, what your goals would be, etc. Flexibility would be key.

An example could be someone who is proficient in French and maybe even have spent time traveling in the country or living there – there just might be a teenager studying French who would love the personal interaction and some quasi-tutoring on the side. Or maybe photography is your passion. With picture-taking being such a thing these days because of cell phones, some young people might appreciate the advice of experienced photographers.

Think about your skills and knowledge and special interests. If you'd like to be on our list, contact Anne Register (awregister44@gmail.com or 843-860-3179) for more details. This program will begin next year.

Battery Brigade Project

As announced in last month's newsletter, IAH will sponsor a proactive project in early January to change smoke alarm batteries in members' homes. This project will assist all IAH members who are interested, full and supporting members. The dates for this are January 6 - January 20, 2018. Our trained

volunteers will contact you to set up an appointment and to get your smoke alarm specifications. Members will be expected to provide the new batteries, and volunteers will have ladders and any other tools needed to do the work. In special circumstances, volunteers may be able to assist in securing the new batteries.

The good news is that you will be able to look forward to the year ahead without the beeping in the middle of the night or at other inconvenient times when the batteries fail.

If you want to be on the list, contact Anne Register (awregister44@gmail.com or 843-860-3179). We will not do this project as a regular member's service request. Instead a separate sign-up sheet will be kept, so contact Anne directly.

As an additional service to the whole neighborhood, and a fundraiser for IAH, we will offer this battery changing to non-members of IAH for a small fee. Watch for information in the December "Living in I'On" newsletter.

Our volunteers are excited about taking this on. Hope you'll sign up soon.

Lending Service

Do you have family coming for the holidays and need a portable crib or other baby stuff? Are you recovering from an illness or surgery and need a walker, wheelchair, etc.? Do you have these or similar items that you are willing to lend to a neighbor?

Then I'On At Home's new Lending Service is for you! We will begin very simply:

- If you need to borrow some kind of baby or healthcare equipment, please send an e-mail to ion@ionathome.org or call 843-284-3590 and leave a message. Tell us what you need and when you need it, and leave your name, phone number, and e-mail address.
- Arlyn will then send an e-mail to our members with your information and invite anyone who is willing to make available the item you need to contact you directly. Then you and that person will work out the details.

If this program takes off, we will develop more structured procedures, but this should get us started.

UPCOMING EVENTS

The IAH Programs Committee does a terrific job of planning our programs and

activities. Most are for members only, but each month at least one is open to all I'On neighbors. In November, we were fortunate to have 3 such events, where the facility offered enough space to accommodate all members wanting to attend as well as additional non-members.

The following November events still have room for more participants:

- [Join Us at Wonderworks](#) (11/15, open to all I'On neighbors)
- [Behind the Scenes at the Gibbes Museum](#) (11/16, open to all I'On neighbors)
- [I Need Help with my Smart TV](#) (11/16, IAH members only)
- [Thanksgiving in I'On](#) (11/23, IAH members only)

We have several great events planned for December:

- [Great Decisions Forum](#) (12/4, IAH members only)
- [Silly, Sizzling Stocking Stuffer Ideas](#) (12/4, IAH members and volunteers only) - do you need ideas for Christmas stockings for all ages? Or do you have ideas that have worked for you? Let's share what to get and where.
- [Strategies for Long-Term Care Planning to Maximize Aging in Place](#) (12/7, open to all I'On neighbors)
- [Holiday Sunday Salon](#) (12/10, IAH members only) - Joe and Peg Gaddy are opening their home for the Sunday Salon, planned by Delores Rosebrock. We will have piano music and carols and great food and drink. Please sign up early for this so that we know how much to order!
- [Trump, Asia, and the Politics of Wisdom](#) (12/12, IAH members only)
- [Let's Go to the Movies](#) (12/20, open to all I'On neighbors)

Follow the links above for more information on our website and to register. If you see that an event in which you are interested is full, please e-mail ion@ionathome.org or call 843-284-3590 to let us know you'd like to attend. Sometimes our numbers can be stretched a bit, or there may be a cancellation.

**AN EASY WAY TO SUPPORT I'ON AT HOME WITH
YOUR ONLINE HOLIDAY SHOPPING**

iGive.com is changing online shopping for good!

Smart shoppers are always looking for ways to stretch every dollar. Sometimes we face hard choices as we plan for special occasions, holiday gifts, and charitable giving. With iGive.com, you don't have to choose between buying something or sending a donation to I'On At Home. Now you can buy the things you need, save money with exclusive iGive coupons and deals, and feel good knowing that a portion of each purchase benefits our organization. Thus far in 2017, IAH has received more than \$123.56 from iGive! Including last year, our total is \$174.09!

Learn more at: www.iGive.com/IOnAtHome



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One More Way to Support IAH – Matching gifts

Many companies feature a program such as this to match charitable contributions (and even volunteer time) for employees and retirees. Please check to see if yours is one of these by Googling the name of the organization and searching for matching gifts. There you should find the information about whether I'On At Home is a qualified recipient of matching funds and how to apply for your matching gift. If you need it, our EIN is 32-0499443.

RESOURCES AND INTERESTING INFORMATION

In this section, we include links to articles about issues related to “advancing in life.” If you see something that you think IAH members and friends might find of interest, please send it to Becky Van Wie (brvanwie@gmail.com).

- Brody, Jane E. (October 30, 2017) [“Trying the Feldenkrais Method for Chronic Pain”](#) New York Times
- Brody, Jane E. (November 6, 2017) [“Unlocking the Secrets of the Microbiome”](#) New York Times
- Keller, Bert and Simpson, Bill (September 18, 2017) [“Aging for Amateurs: Numbering our days”](#) Post and Courier

CONTACT US

Just to be sure you have this information:

- Website: www.ionathome.org
- E-mail: ion@ionathome.org
- Phone: 843-284-3590 (office hours 9:00 AM-1:00 PM Monday-Friday; leave a message and someone will get back to you)

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