

Events for January and February!  
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## I'ON AT HOME NEWS

**Member Newsletter for January 2018**

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### **HAPPY NEW YEAR TO ALL OF YOU!!!**

As the new IAH Board President, I'm happy to say that I will be communicating with you each month at the beginning of this newsletter. I hope it will be a two-way communication, and I invite you to be in touch with your thoughts, suggestions and questions ([ion@ionathome.org](mailto:ion@ionathome.org), 843-284-3590 or directly at [brvanwie@gmail.com](mailto:brvanwie@gmail.com), 843-860-2990).

It's my privilege to serve in this role, working with our great Board, volunteers, and each of you who support us with your memberships. I would also like to welcome Deborah Bedell in her new role as the editor of the newsletter. We thank her for taking on this duty as the new chair of the Marketing and Communications Committee.

We started the year off with quite a bang, didn't we? While the snow was certainly beautiful and fun to play in for a few days, for those of us at IAH, it was a reminder of a critical issue – how can we provide support to our members before, during, and after a weather emergency? Please rest assured that, as stated in the section below on volunteer services, our committees and Board will be working on this issue in the coming weeks. We will let you know

about our plans.

On another new year topic, I wanted to remind all of our members about tax deductions related to IAH membership fees. Supporting Members have access to all IAH programs and the preferred provider information but do not receive volunteer-provided services. IAH has determined that the fair market value of this membership type is \$100. Therefore, all but \$100 of your annual membership fee is tax deductible. For Full Members, the fair market value of what you receive is equal to the cost of your membership, so there is no deductible amount. This information was included in the acknowledgement letter you received from IAH at the time you joined last year. If you need another copy of that letter, please contact our Treasurer, Kay Chitty ([kkchitty1@comcast.net](mailto:kkchitty1@comcast.net) or [843-881-3451](tel:843-881-3451)).

We want to encourage our Full Members to USE your volunteer-provided services! How can IAH be helpful with your to-do list around your house or in your daily life? What are the chores that you CAN do, but you dread them, or they make you a bit nervous (maybe ladders are involved)? Can we help with errands or transportation? How about a friendly visit or daily check-in contact?

Please read on for lots of information about our interesting programs and events and other IAH happenings. We hope to see you soon, and please let me know your thoughts.

Take care!  
Becky Van Wie

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**THANK YOU EVENT**

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*Thanks to YOU, we are celebrating  
I'On At Home's successful first year!*

*The Board of Directors of I'On At Home invites you to be our guests.*

*Fratello's Italian Tavern*

*Wednesday, January 31st*

*6:00-8:00pm*

*A selection of heavy hors d'oeuvres, wine and beer*

*To respond, please click the RSVP button below or*

*Phone IAH at 843-284-3590 by January 24th*

**RSVP**

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## **PARTICIPANTS ENJOYED RECENT IAH EVENTS**

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### **Documentary Discussion**

(Hosted by Carol and Steve Degnen)



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### **New Years Eve in I'On**

(Hosted by Cheryl and Bob Pitts)





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## IAH EVENTS AND PROGRAMS

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In February, we will be starting our "Great Decisions" forum again. Great Decisions is America's largest discussion program on world affairs. The program model involves reading the Great Decisions [Briefing Book](#), and meeting in a [Discussion Group](#) to watch the [DVD](#) and discuss the most critical global issues facing America today. We meet the first Monday of the month from 10 AM-12 PM, 8 months of the year. Please join us!

We also will learn more about therapy dogs from Bob Hardie. He and his dog Bodie are recent graduates and will tell us all about the training, evaluation and opportunities to volunteer.

And we have another shopping event, this time at J. Jill at the Mount Pleasant Town Centre.

The IAH Programs Committee does a terrific job of planning our programs and activities. Most are for members only, but each month at least one is open to all I'On neighbors.

### **Here's the list of February events:**

- [Great Decisions 2018 Discussion Group](#) (2/5, Members only)
- [What Do We Need to Do about Our Gardens/Yards This Spring?](#) (2/6, Members only)
- [Want to Know More about Therapy Dogs?](#) (2/8, Members and Volunteers)

- [Tech Talks: New Apps for Your Devices](#) (2/21, Members only)
- [What is Your Favorite Memoir or Biography?](#) (2/22, Members only)
- [Come to J. Jill for Your Spring Wardrobe](#) (2/25, Open to all)

**And the following January events still have room for more participants – register today:**

- [Launch for Brad Taylor's New Book](#) (1/20, open to all)
- [Strategies for Long-Term Care Planning to Maximize Aging in Place](#) (1/23, open to all)
- [IAH Thank You Event for Members, Volunteers, and Supporters](#) (1/31, IAH members, volunteers, and supporters)

Follow the links above for more information on our website and to register. If you see that an event in which you are interested is full, please e-mail [ion@ionathome.org](mailto:ion@ionathome.org) or call 843-284-3590 to let us know you'd like to attend. Sometimes our numbers can be stretched a bit, or there may be a cancellation.

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## MEMBERSHIP

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We are delighted that our membership roster shows 75 memberships (121 people), and that some others are contemplating joining IAH. We think you will agree that our events have been outstanding, and those who have used the services have, indeed, found that they make our homes more "carefree." How nice that we don't have to call an expensive service person each time we need some minor thing done!!

Don't forget that we will be honoring all our members at the membership event on January 31. If you join now, you will be included in this event. For information about joining, check the [IAH website](#) or contact Barbara Cole, [brcole60@comcast.net](mailto:brcole60@comcast.net).

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## VOLUNTEERS!

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We are very pleased to share the names of our new Volunteer Services Committee members who have agreed to serve for 2018. They include:

**Lori Feehan**, a new IAH Board Member and an IAH program host this past year;

**Bob Hardie**, one of our original IAH volunteers who has an A+ track record for responding to Members' service requests;

**Sally Little**, a neighbor who has been committed to the IAH concept since day one, and who is very interested in helping develop a youth-oriented volunteer program; and

**Anne Spees**, another neighbor who has been supportive since the beginning and who brings a wealth of experience in helping older adults through her work at Bishop Gadsden and other community connections.

Anne Register will continue as Committee Chair.

This committee has a significant to-do list as we work to enhance the services offered by IAH volunteers, in addition to creating a program for I'On young people to participate. This program will have dual benefits, as the students can receive community service credit as well as help neighbors with special needs. The 2018 work plan will focus on:

- Being prepared to respond to the members' needs when we have inclement weather that results in different service requests or personal emergencies
- Amending and refining our current services list
- Working more closely with the Membership Committee to understand the needs of individual Members

We also hope to have "refresher" training for our volunteers (service volunteers now number 43!), as well as orientation for new volunteers.

If you have thoughts or ideas about volunteer services, please share them. Email [ionathome.org](http://ionathome.org) or [awregister44@gmail.com](mailto:awregister44@gmail.com).

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## RESOURCES AND INTERESTING INFORMATION

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In this section, we include links to articles about issues related to "advancing in life." If you see something that you think IAH Members and friends might find of interest, please send it to Deborah Bedell ([Deborah@TheBedells.com](mailto:Deborah@TheBedells.com)).

### Did you know.....

Folks over 60 can take courses at the College of Charleston for \$50 a semester? You have to apply, but not to worry—they don't ask for your SAT scores!

The application for admission deadline is January 16, 2018. You can submit a [non-degree application](#). If you've already applied, Spring 2018 semester registration is January 17-18. You can check to find what [courses are available](#) and make your selections based on your interest and seat availability. A good way to stimulate the little grey cells!

### Some interesting articles:

- Brody, Jane E. (January 8, 2018), ["How to Prevent Falls," New York Times](#)
- Graham, Judith (December 30, 2017) ["Having Good Friends May Prevent Cognitive Decline as People Age," Washington Post](#)
- Juinen, Jasper (January 2, 2018) ["Afraid of Falling? For Older Adults, the Dutch Have a Cure," New York Times](#)
- Simpson, Bill (January 8, 2018), ["Aging for Amateurs: Resolutions a Week Later," The Post and Courier](#)
- Jordan Rau Kaiser Health News (January 8, 2018) ["Trump Administration Relaxes Financial Penalties Against Nursing Homes" Post and Courier](#)
- National Public Radio (December 12, 2017) <https://www.npr.org/2017/12/12/570248798/village-movement-allows-elderly-to-age-in-their-homes>

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## CONTACT US

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Just to be sure you have this information:

- Website: [www.ionathome.org](http://www.ionathome.org)
- E-mail: [ion@ionathome.org](mailto:ion@ionathome.org)
- Phone: 843-284-3590 (office hours 9:00 AM-1:00 PM Monday-Friday; leave a message and someone will get back to you)

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