

Events for February and March!
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I'ON AT HOME NEWS

Member Newsletter for February 2018

HAPPY VALENTINE'S DAY TO ALL OF YOU!!!

I hope everyone has a lovely Valentine's Day! We had a wonderful Appreciation Event at Fratellos on January 31! We wanted to express our gratitude to I'On At Home members, volunteers, and supporters. Thank you to the more than 70 of you who attended and enjoyed good food and beverages, as well as the company of good friends, long-time and new! And special thanks to the volunteers who made the occasion possible!

There seems to be a bit of confusion about signing up for events on the IAH website. To clarify, you are registered to attend an event ONLY when you get a pop-up on your screen that says your registration was successful AND you receive a confirmation e-mail. You should also receive a reminder e-mail the day before the event. If you need help with this process, please e-mail us at ion@ionathome.org or call 843-284-3590.

While we're talking technology, it's come to our attention that there are IAH members who are not receiving our e-mails. While we will always be sensitive to those of you who may be uncomfortable with digital communication, we do rely on this method as the most efficient and effective way to get information

to you and to hear back from you. Please ask your IAH member friends if they are getting our weekly Sunday events reminders and our monthly newsletters. If they are not, let us know; so that we can help them individually.

It's hard to believe that it's been nearly a year since I'On At Home launched into full operation. As initial 12-month memberships expire, we will be asking you to renew them. Some of you may already have received those e-mails. We are most grateful for your commitment to our mission and hope that we have met, and even exceeded, your expectations. Together with you, we're creating a caring, supportive community with opportunities for the kind of engagement that research shows contributes to successful "progressing in life." Thank you for being part of this movement! We look forward to having each of you as a continuing partner!

As always, please contact me directly if you have questions or thoughts to share (brvanwie@gmail.com or 843-860-2990).

Becky Van Wie
President, IAH Board of Directors

FROM THE MEMBERSHIP COMMITTEE: IT'S TIME TO RENEW!

I'On At Home has had a fabulous first year, as noted at the Appreciation Party. There have been so many wonderful testimonials from members about the value and enjoyment of being an IAH member: the opportunity to get to know new people and make new friends, the educational value of the discussion groups; the fun of many of the social events—all have brought a renewed sense of liveliness and cohesion to our community. Those who have used volunteer services have applauded the ability to get small but necessary chores done quickly, advice about how to proceed with problems they have not encountered before, and a peace of mind about caring for their home.

As we reach the end of a year, we reach the point of membership renewal for our pioneer members. For those whose membership terminates on February 28, you will soon receive an email with complete renewal instructions. (Both household members will receive the email.). "Household full" and "Individual full" members may both request volunteer services and attend all events; "Household supporting" and "Individual supporting" members may attend events and make new friends. If you wish to change your membership category, simply note that on the renewal form.

What do the membership fees cover? The annual membership fees pay for expenses like programs and events, our [website](#) and other technology, printing, supplies for volunteers and members, liability insurance for Board members and volunteers, the cost to confirm the credentials of our volunteers and service providers, and a part-time salary for our paid staff, Arlyn Stoy. The good news is that our fees remain the same for 2018. Household memberships are \$500 and individuals are \$350.

Once you have completed the form, mail it with your check to I'On At Home, P.O. Box 1225, Mt. Pleasant, SC. 29465. (Note that this is not the usual Mt. Pleasant zip code.)

Our first year has assured us that I'On At Home is a real value to our community—other villages report that the values of homes in areas where there is a “village” organization actually rise. In addition, we have priceless peace of mind and invaluable friendships.

We hope that you will continue your support so that I'On At Home will sustain us for years to come.

PARTICIPANTS ENJOYED RECENT IAH EVENTS

Appreciation Event (At Fratellos Italian Tavern)





The Prepared Nest Workshop

(By Julie Mitaro)



Therapy Dogs

(By Bob Hardie)



IAH EVENTS AND PROGRAMS

We have several remaining events lined up for February—something for everyone, including, tech, books, shopping and wine tasting! Please check the website to register.

Here's the list of **February** events—and there's room available at all of them:

- [Tech Talks: New Apps for Your Devices](#) (2/21, Members only)
- [What is Your Favorite Memoir or Biography?](#) (2/22, Members only)
- [Come to J. Jill for Your Spring Wardrobe](#) (2/25, Open to all)
- [Wine Tasting at The Shellmore](#) (2/26, Members Only)

And **March** is chock-a-block full of new and familiar programs:

- [Gutenberg's Hard Lessons](#) (3/2, Members Only)
- [Oscar Night](#) (3/4, Members Only)
- [Great Decisions](#) (3/5, Members Only)
- [Bread Making with Lucille](#) (3/12, Members Only)
- [St. Patrick's Day Party](#) (3/13, Open to All)
- [Fred's Film Forum](#) (3/14, Members Only)
- [Make Your Spring Flower Container](#) (3/19, Members Only)

Follow the links above for more information on our website and to register. If you see that an event in which you are interested is full, please e-mail ion@ionathome.org or call 843-284-3590 to let us know you'd like to attend. Sometimes our numbers can be stretched a bit, or there may be a cancellation.

FEBRUARY IS AMERICAN HEART MONTH!

Here's a reminder of ways we need to think a bit differently about heart health for women:

<https://www.nextavenue.org/worth-watching-just-little-heart-attack/>

RESOURCES AND INTERESTING INFORMATION

In this section, we include links to articles about issues related to "advancing in life." If you see something that you think IAH Members and friends might find of interest, please send it to Deborah Bedell (Deborah@TheBedells.com).

Some interesting articles:

- Haelle, Tara (January 2, 2018), [8 Easy, Meaningful New Year's Resolutions for Better Health](#), New York Times
- Span, Paula (January 19, 2018), [One Day Your Mind May Fade. At least You'll Have a Plan](#), New York Times
- Williams, Scott, [The Hidden Role Informal Caregivers Play in Health Care](#),

- Woyke, Elizabeth, (June 9, 2017), [The Octogenarians Who Love Amazon's Alexa](#), MIT Technology Review

AND FINALLY, A LITTLE VALENTINE'S DAY REMINDER TO THOSE WHO NEED IT.....



“He’ll take a dozen long-stemmed roses.”

CONTACT US

Just to be sure you have this information:

- Website: www.ionathome.org
- E-mail: ion@ionathome.org
- Phone: 843-284-3590 (office hours 9:00 AM-1:00 PM Monday-Friday;

leave a message and someone will get back to you)

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