

A community of friends enjoying enriched, vibrant and independent lives together

Dear IAH Members:

IAH is excited to once again offer our members an opportunity to be wowed by the hidden garden gems that abound in our lovely community. Our neighbors have graciously agreed to open up their properties for our members and their guests on May 14th from 10:00AM - 1:00PM.







The rain date is Saturday, May 21st. Registered members will receive a map of the properties by email a few days before the event. **Spring Fling**, a party to salute our volunteers, was good fun! The setting was perfect - a gorgeous garden and splendid weather. More than 70 members attended, enjoying fine food and wine. Special thanks to Janet Harper for opening her beautiful garden for this event.

IAH is not possible without the valuable support of volunteers. Thank you!









Other special IAH Events happening this week:

How to be Happy, Resilient & Mindful with Dr. Tim Cantopher - May10th



As a part of the Choices lecture series, join Dr. Tim Cantopher on May 10 th at 3PM for a stimulating talk about getting more joy from life, becoming more resilient to life's challenges and achieving more by focusing on success.



Go to the IAH website for more details on this CHOICES lecture.



CLICK HERE to see the latest information on upcoming IAH events and programs.