



Happy July 4th!

The Programs Committee is navigating summer travel, high temperatures, and continued COVID precautions to bring you fun and interesting programs in July and August. Our June planning meeting produced several great ideas which are now being developed into programs.

Be sure to check the IAH website Events calendar for new additions.

Here are a few new events coming your way:

- *Paella cooking demonstration*
- *Historical talk on the Charleston Earthquake of 1886 via Zoom*
- *Bus Tour by local Gullah expert Alphonso Brown*
- *Choices presentation on "Exercise as a Tonic for Healthy Aging"*
- *Our popular monthly Cocktails and Conversation*
- *And finally, Bocce & Booze for members who can stand the heat!*

We're always searching for new subjects and activities that interest you. Just click [HERE](#) to share your ideas with our team.

Enjoy the holiday and we look forward to seeing you soon!

Elizabeth Hazard and Bob Hardie, Committee Co-chairs



***CLICK HERE to see the latest information on
upcoming IAH events and programs.***