

[Events for June!](#)[View this email in your browser](#)[Reserve Your Place Today!](#)

I'ON AT HOME NEWS

Member Newsletter for June 2018

GREETINGS, EVERYONE!

I learned something firsthand a few days ago—I'On At Home services ARE TERRIFIC! Anne and I like to think of ourselves as pretty self-sufficient (does this sound familiar to many of you?). So, even though we are full IAH members, we had never requested a volunteer-provided service. But we entered our on-grade attic recently and saw that one of four crossbeams had fallen down on one end and was loose on the other end. We tried hammering it back in to no avail, and we were a bit worried about the roof's stability.

So we could have been discouraged that we could no longer manage the responsibilities of our house, or we could have called a handyman service and paid \$150-\$200. BUT WAIT! THIS IS WHAT IAH IS FOR!!!

I went to the IAH website and submitted a service request, and VOILA! A wonderful volunteer (and neighbor) called me the next day. He had time to help that afternoon, completed the job in less than an hour, and even checked the other crossbeams to be sure they were not loose!

HEY, THIS I'ON AT HOME THING IS A GREAT IDEA!!! And on top of not having to worry about my house falling down on my head, my membership allows me

to go to some pretty terrific events —all for free!!!

Happy almost summer to all of you! We at IAH appreciate your support and encourage you to participate in our activities. And (if you're a full member) do use our services to make your life easier and more care-free!!! Be in touch with me directly if I can help you.

Best,

[Becky](#)

President, IAH Board of Directors
(843-860-2990)

FROM THE MEMBERSHIP COMMITTEE

Please welcome June Castell, who has recently joined IAH. We're delighted to have her!

Please be on the alert for new neighbors who may not know about I'On At Home. One of the membership committee members will be happy to visit them and discuss the organization. We are very grateful for your help in spreading the word. We also periodically have small informational gatherings to fill in newcomers on what IAH is all about and to answer questions. If you know someone who would like to be visited or invited to a get-together, please contact [Barbara Cole](#).

VOLUNTEER NEWS

Membership Liaisons

All I'On At Home members (except for Board members and the Liaisons themselves) have now been assigned a Liaison who will be a communication link between IAH and the member. Originally, only Full Members had their own, but now Supporting Members will have their own Liaisons as well.

If you have not received a contact from your Liaison since the first of May, please let Mary Wilbur know this. She is the new coordinator for the Liaison system. Please email [Mary](#) or call her at 843-971-9335.

IAH Needs Some Help

The I'On Trust is generously loaning IAH their outdoor movie equipment from

time to time to show a movie that the entire neighborhood might enjoy. We need four volunteers to make this happen. Volunteers will help set up the screen and the sound equipment and pack it all up after the movie. Training will be provided. Our first screening will be *Mamma Mia*, to be shown on Sunday, June 24 (see EVENTS, below).

If you think you could help with this, please email [Anne Register](#) or call her at 843-860-3179.

Another New Service for Full Members - Organizing Care for a Hospitalization: Planning Ahead

Barbara Cole, who is a retired MD and has had hospitalizations as a single person, will come and help you plan how to get your needs met before your hospitalization, during your stay, and when you are discharged, as well as after you return home. Consultation will usually take about an hour.

Knowing what to expect and advice on how to prepare are very important parts of your preparation. Barbara will schedule the consultation at a time that is convenient for the Member. Please email [Barbara](#) or call her at 843-388-0249.

Long-Term Planning

Through IAH's association with Franke at Seaside, IAH is able to facilitate its members receiving a specialized advisory service at no charge. The new service, called "Care Coordination Consultation," will be provided by trained staff at BeWell@Home, a program of Franke at Seaside. The new service, called "Care Coordination Consultation," will be provided by trained staff at BeWell@Home, a program of Franke at Seaside. Members may now request a 60-minute consultation appointment in their home with a certified geriatric care manager and aging in place specialist. This service is designed for: 1) members who need assistance preparing for a planned health event; 2) members seeking advice on a plan to assist them to continue to live at home; and 3) members making plans for future-term care, including reviewing their long term care insurance policy. Members may use this service once per calendar year. It's important to note that the Care Coordination Consultation is not meant to address an acute health crisis or to substitute for emergency services. The Consultation is designed for members to consult with an expert in planning for future needs. Any member interested in obtaining assistance for planning needs should contact [Arlyn Stoy](#), who will help arrange a Consultant's visit.

PREFERRED PROVIDERS

One of our goals is to maintain a list of service providers in our area you've used and would recommend to others. If you'd like to share some names, please forward the contact information to [Arlyn Stoy](#).

PARTICIPANTS ENJOYED RECENT IAH EVENTS

Wine and Cheese Tasting at goat.sheep.cow. (Coordinated by Delores Rosebrock)



Schooner Pride (Coordinated by Kathy Coffman)



Sea Turtles at the Aquarium (Coordinated by Peggy Watt)



Bourbon Tasting (Presented by Don Wilbur and George Watt)



IAH EVENTS AND PROGRAMS

We're very pleased to be offering two events this month to which we will welcome ALL I'On residents!

The first is a Trunk Show. Go through your closets, pick out costume jewelry, accessories and bags and bring us those you don't use. You will get a credit for your donated items that you can use to pick out items someone else has donated. Anything left, plus all cash proceeds, will be donated to My Sister's House. Check out details at the link below!

Many of us are excited about going to *Mamma Mia: Here We Go Again!* in July. To get ready, in June, we screen the original *Mamma Mia* at a special Screen on the Green at the Amphitheatre. Come in costumes—we'll be giving prizes (and we're dying to see some of you in snorkels and flippers)! And there will be dancing! More details at the link below.

Other June events will include a genealogy workshop with Peg Higgins, Fred's Film Forum, a documentary discussion and a visit to the tea plantation.

Events below are Members Only unless otherwise noted.

[Trunk Show with Accessories, Scarves, and Costume Jewelry](#)—OPEN TO ALL!
(June 12)

[Where Did You Come From? Know Your Ancestry!](#) (June 13)

[Fred's Film Forum](#) (June 14)

[Charleston Tea Plantation](#) (June 19)

[Mamma Mia On the Green](#)—OPEN TO ALL! (June 24)

[Documentary Series—*The Flat*](#) (June 28)

Follow the links above for more information on our website and to register. If you see that an event you're interested in is full, please email ion@ionathome.org or call 843-284-3590 to let us know you'd like to attend. Sometimes our numbers can be stretched a bit, or there may be a cancellation.

RESOURCES AND INTERESTING INFORMATION

In this section, we include links to articles about issues related to "advancing in life." If you see something that you think IAH Members and friends might find of interest, please send it to [Deborah Bedell](#).

AN IMPORTANT ISSUE

Our list of articles this month covers topics ranging from using new technologies like personal assistants, to deciding how close is too close (or how far is too far) to be from your kids, to seniors having new adventures.

- Front Porch Center for Innovation and Wellbeing, [Amazon "Alexa" Pilot Analysis Report](#) (December 2017)
- Sophie Andrews, [The Best Way to Help is Often Just to Listen](#), (TedMed, November 2017)
- Phyllis Cohen, [Why You Should Consider Moving Away from Your Grown Kids](#) (NextAvenue.org, March 15, 2018)
- [Nursing Home No More: The New Trend is Aging with Your Friends](#) (Fabiosa.guru)
- David Brown, [A Senior's Intense, 14-Day Sailing Lesson—From Scratch—Off the New Zealand Coast](#) (*Washington Post*, March 22, 2018)
- Will Johnson and Frank Abagnale, Hosts, [The Perfect Scam](#) (AARP Podcast Series)
- Village to Village Network, [STL Village is There for Members Whenever Needed](#) (Village to Village Network Newsletter, March, 2018)
- Debra Bruno, [Aging Lessons: The Things that Let You Thrive in Old Age are Easier Than You Think](#) (Washington Post, April 14, 2018)

AMONG OTHER THINGS, JUNE IS ROSE MONTH.... 

You're Invited!

In honor of World Elder Abuse Awareness Day,
the College of Nursing and Center on Aging are proud to co-host

***Turning Awareness
into Action:
A Public Panel on Aging Issues***



Ron Acierno, PhD
Dean of Research,
College of Nursing



Mary Catherine Dubois, MSW
Palliative Care Social Worker



Mark Newbrough, MD
Head of Geriatrics



Sally Smith
Author, "The Circle:
A Walk with Dementia"

Wednesday, June 6th from 12:00-1:15pm
Bioengineering Building, Room 110
68 President Street, Charleston, SC 29425

But June also has some completely wonderful holidays like Donut Day (June 1), Tattoo Day (June 3), Cake Day (June 6—which is also D-Day), and our absolute favorite obscure holiday EVER, Festival of Utter Confusion Day (June 2).

And on that note:



CONTACT US

Just to be sure you have this information:

- Website: www.ionathome.org
- E-mail: ion@ionathome.org
- Phone: 843-284-3590 (office hours 9:00 AM-1:00 PM Monday-Friday; leave a message and someone will get back to you)

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