



Dear I'On At Home Members,

We have wonderful live events coming in the next couple of weeks including outdoor Yoga, a private tour of the Bo Bartlett Exhibit at the Gibbs, a Palmetto Brewery tour and a rare opportunity to see Charleston artisans forge carbon steel and cast iron cookware at Smithey Ironware and meet the companies' visionaries and founders.



Charitable Requests

There are many charities who need our help and we have many members who are willing and able to get involved. From time-to-time we will highlight these charities and their various needs in our Weekly Updates. Here are two for this week.



Food donations are urgently needed by ECCO for the Thanksgiving meal packages they provide to needy families. These standard items are in short supply and they want to be able to accommodate all who need some help feeding their families this year. ECCO is sending their van to our neighborhood this coming **Monday, October 31**. Drop off is from **1:30-3:00 p.m** at **26 Port Royal Rd.** **

Please consider donating some of the items listed below:

<i>Canned Corn</i>	<i>Cranberry Sauce</i>
<i>Canned Green Beans</i>	<i>Gravy Packets</i>
<i>Canned Yams</i>	<i>Instant Potatoes</i>
<i>Stuffing Mix</i>	<i>Assorted Pie Filling</i>
<i>White Rice</i>	<i>Pie Crust Mix</i>

****Also requesting \$25 Publix or Harris Teeter gift cards
for the cost of a turkey**

Make a Needy Child's Christmas Bright!

Wouldn't you love to spread a little holiday spirit? You have an opportunity to play Santa Claus to the children of needy families in our area.



EAST COOPER COMMUNITY OUTREACH



Once again, we will be joining forces with East Cooper Community Outreach (ECCO). Annually, ECCO organizes a program to assist Mt. Pleasant community families who cannot afford holiday gifts for their children.

On November 8th, we will select the families IAH will adopt. Families will provide a detailed wish list for each child. Unwrapped gifts will be dropped off at an IAH member's home the first week in December.

Questions? Please contact Kathy Coffman or Mary Wilbur.

[CLICK HERE](#) to register for our Adopt-a-Family event. Only one member of a household should register. Post a message in the comment section indicating the number of children for whom you would like to purchase gifts.

To learn more about ECCO, please visit their website: eccocharleston.org

Below find a sample of upcoming activities that are available to you.

Click on the **Blue Bar** at the bottom of this Weekly Update for event details and sign up information.

We look forward to seeing you.



MON 10 / 31 / 2022 AT 3:00 PM
A CHOICES EVENT - FLOW, SLOW, STILL, SIT
I'On At Home Event
Members only (login required)
RSVP required

Monday
31

NOVEMBER 2022



TUE 11 / 01 / 2022 AT 10:30 AM
PRIVATE TOUR OF THE BO BARTLETT EXHIBIT AT THE GIBBES MUSEUM
I'On At Home Event
Members only
RSVP required

Tuesday
01



THU 11 / 03 / 2022 AT 8:00 AM
WEEKLY IAH BIKING GROUP THURSDAYS - NOV. 3, 10, 17 & 24
Interest Group
Members only (login required)
No RSVP required

Thursday
03



\$25.00

THU 11 / 03 / 2022 AT 4:30 PM
RESCHEDULED - TOUR AND SAMPLE AT SOUTH CAROLINA'S OLDEST BREWERY

I'On At Home Event

Members only (login required)

RSVP required

Thursday
03



COST OF GIFTS FOR CHILD...

SAT 11 / 05 / 2022 AT 11:30 AM
ECCO ADOPT A FAMILY

I'On At Home Event

Open to all

RSVP required

Saturday
05



FREE

MON 11 / 07 / 2022 AT 4:00 PM
GREAT DECISIONS DISCUSSION GROUP - FOREIGN POLICY, ECONOMIC POWER, AND U.S. INDUSTRIAL POLICY

I'On At Home Event

Members only (login required)

RSVP required

Monday
07



FREE

THU 11 / 10 / 2022 AT 2:00 PM
"COOKING UP" SMITHEY ARTISANAL PANS—RIGHT HERE IN NORTH CHARLESTON

I'On At Home Event

Open to all

RSVP required

Thursday
10



CLICK HERE to see the latest information on upcoming IAH events and programs.