

Events for September!
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I'ON AT HOME NEWS

Member Newsletter for September 2018

IS IT FALL YET?

September is upon us! I don't know about all of you, but for me, this month retains the feeling of new beginnings, fresh starts. I guess it's all those years of teaching, then having children in school. It may be my favorite season, not the least of reasons being Tennessee Vols football (yes, that's my house on North Shelmore where the Big Orange flag will appear before the September 1 opening game).

For IAH, it is also a time of new beginnings. Your Program Committee has been planning creative and interesting activities. Check those out below and sign up now to be sure you get a spot! Your Volunteer Services Committee has been working on ideas for services that will make staying in your I'On home as you "progress in life" safer and more care-free. Your Member Liaison (through the Membership Committee) is available to answer any questions you may have. If you don't know who your liaison is, contact [Barbara Cole](#) (843-388-0249).

The recent experience of one of our members is a good example of how IAH can help. The member called our phone number (843-284-3590) during our Monday-Friday, 9:00 AM-12:00 PM office hours. She left a message (our

procedure, so that we have a record of all calls), and our volunteer Call Manager on duty quickly returned her call.

The member needed help with a spot of mold that had appeared on the cathedral ceiling of her master bedroom. She realized that this was beyond the capacity of our IAH volunteers to handle. In addition, it seemed reasonable that what she saw could be an indication of a bigger problem. A paid professional was needed, but the member did know where to turn.

Many of you may not be aware that one of the services available to all IAH members is our Preferred Providers list. It is located on our [website](#). Once you log in, the link is located under Members at the top. All of these service providers have been suggested by our members or other neighbors and have been checked out by our volunteers or staff. In the case of the member with the ceiling problem, an IAH volunteer contacted her to help her identify a few handymen and roofing professionals from the list for her to contact.

So the next time you need paid help and are not where to find it, give our IAH Preferred Provider list a try!

Becky

Becky Van Wie, President

FROM THE MEMBERSHIP COMMITTEE

We're very pleased that our membership renewal rate is now over 98% of members who remain living in I'On. We take that as a rousing endorsement of our organization and offerings to our members.

Should you have a friend or perhaps a new neighbor who you think might benefit from joining IAH, please let [Barbara Cole](#) know and we'll have someone get in touch with them.

VOLUNTEER NEWS

Our Volunteer Services Committee (Lori Feehan, Bob Hardie, Sally Little, Anne Spees, and Anne Register) wants to share the services we are able to provide to Full IAH Members in a more specific way. We realize the list on the website is a little generic, so the list below just might give you some ideas of ways our volunteers can help you make your life more care-free!

Hang pictures or mirrors

Fix or replace a hinge or door knob
Flip bed mattresses
Take down or put up a curtain/drapery rod
Replace light bulbs (12' maximum height)
Lubricate door hinges
Replace HVAC/refrigerator filters
Install shower head
Replace a door screen
Replace toilet seat
Replace toilet tank flapper
Adjust toilet tank water level
Replace/repair doorbells
Change alarm and/or remote control batteries
Make a thermostat work
Set up TV, cable, or garage remotes
Reset an irrigation timer
Tighten garden hoses
Reset breaker box or GFI...once
Help with simple computer issues
Repair a drip in an irrigation line
Lift heavy boxes
Move patio furniture
Pot plants (in pots, not in ground)
Water plants, inside and outside, when you are out of town
Install solar yard lights
Bring things down from attic if you have permanent steps or a pull-down ladder

Special Skills Needed: IAH is looking for some volunteer help from someone who is very familiar with Microsoft ACCESS. We are trying to create some reports to maintain our membership and program data. If you are willing to help, please email [Becky Van Wie](#) or call her at 843-860-2990. Thank you!

A NEIGHBOR TO KNOW.....ED BALL



Those of you who stroll along the Eastlake footpath have no doubt been greeted by the dapper and cheerful Ed Ball and his miniature dachshund Gigi. Ed is our first Neighbor to Know, in part because we at I'On at Home want to congratulate him on reaching his 90th birthday on August 8th.

Born and raised in Summerville, Ed was the youngest of six children, who included his twin brother. He left home to attend Sewanee University, but in his senior year left school to join his father in his real estate business. That decision led to a seventy-year career in a profession where he still holds a license. Because of his lengthy and very successful career, Ed was elected in 2015 as a permanent member of the East Cooper Top Producers group, which he's been a part of since its founding.

Ed met his wife Joan when, while sailing at Folly Beach with his brother, he spotted a pretty girl watching them, standing with two older gentlemen. A bit hesitant to make a move, Ed was egged on by his brother to make an approach. Joan turned him down because they hadn't been introduced, a situation her father quickly remedied by asking Ed his name and introducing him to his daughter on the spot. For the rest of the summer, Ed and Joan went fishing, crabbing, and beach walking together—but never on a real date until they went to see *The Red Shoes* with a friend of Ed's and his girlfriend, a schoolmate of Joan's. To this day, thinking back on meeting Joan at the beach and deciding he wasn't going to give up in the face of her resistance remains Ed's favorite memories of his 90-year-life.

Ed served in the Army in Columbia, being promoted from private to Regimental Personnel Sergeant Major, and narrowly escaping deployment to Korea when he was twice pulled out of the vaccination line for those about to ship out so that he could remain on base as an accident investigator. He and Joan married shortly before he left the Army.

They moved to Charleston after Ed's Army service and eventually bought a home on Beaufain Street on Colonial Lake, where they lived for thirty-three years and raised their three children, two sons and a daughter. Disaster struck with Hurricane Hugo, which pulled the roof off the house, while the rising lake waters came to within a foot of their first floor. Finally in June, 1999, Ed and Joan became two of the earliest residents of I'On.

Like many of us who've lived long lives, Ed has had his share of sadness. He's the last of his siblings, his twin having been killed in an accident at age 18; one of his sons died of ill health, and his beloved Joan passed away suddenly in March of 2014 after sixty-one years of a wonderful marriage.

Despite these losses, Ed most looks forward to spending time with his remaining son and daughter, his nine grandchildren and his seven great-grandchildren. Hosted by his daughter, thirty-five friends and family members joined at Ed's house in August to help him celebrate his milestone birthday.

So as you pass by Ed's painted horse along the path at Eastlake, wave hello and give little Gigi a friendly pat as you wish Ed a good day.

Do you know an I'On at Home member who we should get to know better? Perhaps a friend who's developed an interesting skill or hobby, celebrated a milestone birthday or anniversary, worked in an interesting field or with a worthy charity or civic group? Pass along your suggestions to [Deborah Bedell](#) so that we can help all our members get to know each other better.

PREFERRED PROVIDERS

One of our goals is to maintain a list of service providers in our area you've used and would recommend to others. If you'd like to share some names, please forward the contact information to [Arlyn Stoy](#).

PARTICIPANTS ENJOYED RECENT IAH EVENTS

IAH Goes to the Movies

"Crazy Rich Asians"



IAH EVENTS AND PROGRAMS

We have a variety of programs for September! Our plans include seeing Mamma Mia together, attending a Charleston Beer Week event (a trip to our local Two Blokes Brewery), Shagging on the Cooper, discussing Turkish-US relations (yes, Great Decisions is starting again after a summer break), planning what to do with visiting houseguests (we'll share what our visitors liked the best and special touches they enjoyed), getting CPR certified, another documentary discussion (this one on the great wine fraud), and learning from a local chef who uses her air fryer to make great healthy meals. All this and more in September. So please sign up and send your ideas. Also, if you would like to join the program committee, please send an email to [Barbara Fowler](#).

Events below are Members Only unless otherwise noted. Note also that some are Mount Pleasant community-wide public events!

- [Mamma Mia at the Dock Street Theater](#) (September 6)
- [Two Blokes Brewery](#) (September 8)
- [Shaggin' on the Cooper](#) (September 8—Open to All)
- [Great Decisions](#) (September 10)
- [More Visitors are Coming...](#) (September 18)
- [Become Certified in CPR](#) (September 19)
- [Documentary Discussion: *Sour Grapes*](#) (September 25)
- [Ayr Fryer Program with Nan Carter](#) (September 26)

Follow the links above for more information on our website and to register. If you see that an event you're interested in is full, please e-

mail ion@ionathome.org or call 843-284-3590 to let us know you'd like to attend. Sometimes our numbers can be stretched a bit, or there may be a cancellation.

RESOURCES AND INTERESTING INFORMATION

In this section, we include links to articles about issues related to "advancing in life." If you see something that you think IAH Members and friends might find of interest, please send it to [Deborah Bedell](#).

Our list of articles this month includes discussions on home modifications and creative projects for folks "of a certain age," as well as some health-related topics.

- Richard Eisenberg, [What Boomers Should Do About all Their Stuff](#) (NextAvenue.org, July 19, 2018)
- Daniel Bortz, [Want to "Age in Place?" Make Sure Your Home has These 6 Things](#) (*Washington Post*, August 8, 2018)
- Jodi Helmer, [Getting Dirty Could be Good for Your Brain](#) (AARP, June 2018)
- Judith Graham, [Research Shows that the Prevalence of Dementia has Fallen in the United States](#) (*Washington Post*, June 16, 2018)
- Kelly K. James, [6 Simple Ways to Boost Your Energy](#) (AARP, July 24, 2018)
- Marijke Vroomen Durning, [The Creative Art of Quilting](#) (NextAvenue.org, July 12, 2018)

SEPTEMBER HAS SOME FUN OPTIONS

We all know September brings Labor Day and the end of summer. That may seem like a bit of a downer. But to lift our spirits, September also provides some great holidays. For example, there's National Grandparents' Day (the first Sunday after Labor Day), Elephant Appreciation Day and Ice Cream Cone Birthday (both on September 22), and your editor's favorite holiday juxtaposition ever: Be Late for Something Day on September 5, followed by Fight Procrastination Day on September 6!

But here's something many of us experience no matter what month it is.

**Growing old is
hard work...
The mind says
"yes" but, the
body says "what
the hell are you
thinking"**

CONTACT US

Just to be sure you have this information:

- Website: www.ionathome.org
- E-mail: ion@ionathome.org
- Phone: 843-284-3590 (office hours 9:00 AM-1:00 PM Monday-Friday; leave a message and someone will get back to you)

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