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I'ON AT HOME NEWS

Member Newsletter for October 2018

THE NON-HURRICANE HURRICANE

Oh my, what a time we had with Florence! We were most fortunate that it turned out to be a "non-event," but there was a lot of uncertainty and inconvenience leading up to it. Our hearts certainly go out to all of our NC and Upstate neighbors who have been so badly affected!

At I'On At Home, we decided to take a more assertive role than we had in past weather emergencies. Previously, we feared that, if we offered to help our members with storm-related tasks, we would be overwhelmed with more requests than we had volunteers to do the helping (especially since our volunteers had their own issues to tackle at the same time).

This time, however, we took a leap of faith; and I want to share with you the wonderful result. We had a few requests for help, which our great volunteers handled quickly. But we had LOTS OF OFFERS TO HELP OTHERS! Clearly, the long-standing I'On tradition of neighbor helping neighbor came into play! YOU ALL ARE THE BEST!!!

Here's the other thing we learned: our members REALLY appreciated our

staying in touch! So that's definitely something IAH can do. We formed texting/cell phone lists of folks who were staying and those who were evacuating. Members opted in to participate. At least twice, we touched base with each group to check on them and keep them informed. For those who stayed, we made sure that they were OK after the rain and wind were past.

I want to thank those of you who reached out to contact or help neighbors! And thank you to those who let us know that you were grateful for our communications. This kind of feedback lets us know which IAH efforts to continue. Of course, the personal affirmations are very nice too!

I realize that hurricane season is far from over, but let's keep our fingers crossed that we won't have a repeat of Florence – anywhere! Meanwhile, check out the great upcoming IAH programs (see below) and go to our website to register. As always, feel free to let me know directly if you have questions or thoughts.

WE ARE GRATEFUL FOR YOUR SUPPORT OF IAH AND OF EACH OTHER!

Becky

Becky Van Wie, President

FROM THE MEMBERSHIP COMMITTEE

We welcome Sarah and Russ Ezell as new members this month! Please welcome them if you meet them in the neighborhood!

The Membership Committee is planning a wine and information session in October. Please let us know if you have suggestions for people who might be interested in hearing about us. Perhaps you have new neighbors who would like to come. Contact Barbara Cole at brcole60@comcast.net.

SAD NEWS

I'On At Home extends its deepest condolences to member Kay Chitty on the recent loss of her sister.

VOLUNTEER NEWS

Our volunteers who are serving as Membership Liaisons did yeoman's work last week as Hurricane Florence approached the Low Country. They each contacted the members assigned to them and asked about any concerns, special needs, and so forth. We also asked our entire group of volunteers to let us know if they could help with any service requests. Everyone really stepped up to the plate to offer reassurance to all IAH members.

We, of course, were fortunate that the storm did not really affect us. However, the volunteer contacts were very appreciated, and the experience was beneficial to our Liaisons.

We also want to extend appreciation to our Call Managers and Arlyn Stoy who worked on the days leading up to the storm to help keep our communication channels open.

IAH volunteers were definitely on the ball!!

A NEW BUSINESS SPONSOR FOR IAH

BeWell@Home has signed on as IAH's second business sponsor. Our Business Sponsorship Program is an agreement between IAH and local businesses in or near the I'On Community. It makes an annual payment to our organization. In return, IAH provides its sponsors ongoing visibility, name recognition, and positive publicity at an affordable rate. Our business sponsors are not IAH members and are not entitled to receive IAH services or attend IAH events unless specifically invited. Nor do we share member information with them without members' explicit permission.

BeWell@Home is an extension of Lutheran Homes of SC and located on the campus of Franke at Seaside here in Mount Pleasant. (You may recall that IAH has had a cooperative partnership with Franke since our inception.) Unlike Franke, which is a continuing care community (brick and mortar), BeWell@Home is the first non-profit "Continuing Care at Home" program in SC. It is a membership program that coordinates and pays for a package of services designed to support aging adults in their home. In a nutshell, BeWell@Home offers a virtual retirement community at home.

Tomas Mendez, the BeWell@Home Director for the Low Country, has been an avid supporter of IAH. We welcome him both as an advocate and business sponsor. For more information, check out www.BeWellAtHome.org.

PREFERRED PROVIDERS

One of our goals is to maintain a list of service providers in our area you've used and would recommend to others. If you'd like to share some names, please forward the contact information to [Arlyn Stoy](#).

PARTICIPANTS ENJOYED RECENT IAH EVENTS

Mamma Mia at the Dock Street Theater and dinner at Blossom

Coordinated by Harriet Ripinsky



What To Do With Visitors

Hosted by Eileen Evans



Become Certified in CPR

Present by Don Wollenbecker



IAH EVENTS AND PROGRAMS

Events below are Members Only unless otherwise noted. Note also that some are Mount Pleasant community-wide public events!

What to do in October? We have plenty of choices:

- Our foreign policy topic for [Great Decisions](#) this month is Global Engagement and the Military.
- [Watch and discuss](#) "Three Identical Strangers", one of the year's most powerful documentaries.
- Is chocolate your thing? Then join us with the Chocolate Academy as we taste [25+ different chocolates](#). With drinks, of course!
- Our resident birding expert, Craig Richards, has invited us to climb aboard his pontoon boat [in search of birds](#) of the Charleston Harbor and surrounding creeks.
- [And another book](#) sharing discussion, this one focusing on mysteries and thrillers.
- Then, join us at [Joséphine's Wine Bar](#). The wine will be paired with some tasty appetizers and the sommelier will give us some history on his favorite wines
- Finally, we've rescheduled our [Ary Fryer](#) event. Join Nan as she will be demonstrating how she uses the Ayr Fryer to make several of her family's favorite recipes.

Looking forward to November, we already have a "Fall Fete" member appreciation event planned for November 4. So sign up for our events early and often!

Follow the links above for more information on our website and to register. If you see that an event you're interested in is full, please e-mail ion@ionathome.org or call 843-284-3590 to let us know you'd like to

attend. Sometimes our numbers can be stretched a bit, or there may be a cancellation.

RESOURCES AND INTERESTING INFORMATION

In this section, we include links to articles about issues related to “advancing in life.” If you see something that you think IAH Members and friends might find of interest, please send it to [Deborah Bedell](#).

Did You Know?

For all you IAH and community volunteers out there...do you know if your good deeds will be further rewarded by your former employer? Many companies provide financial grants to nonprofits when employees, and in many cases, retirees, volunteer their time and talent. It's worth checking to see if you can multiply your generosity. You may be pleasantly surprised! Here's a [list](#) of Volunteer Grant companies.

Life-Long Learning

The Center for Creative Retirement is a group which develops interesting programs for retired and soon-to-retire folks. To learn more, visit <https://onlinereg.north.cofc.edu/CourseStatus.awp?&course=1819CECR>

Our list of articles this month includes discussions of the benefits of dancing, decluttering and fashionable home renovations.

- Deborah Quilter, [The 7 Benefits of Dancing at Any Age](#) (Nextavenue.org, August 21, 2018)
- The [2018 National Village Gathering](#) (October 7-10, San Diego)
- Sara Bliss, [Renovation Strategies to Live at Home—Stylishly—Into Your 80s](#) (*Wall Street Journal*, August 23, 2018)
- Sonya Vatomsky, [Thinking About Having a “Green” Funeral? Here’s What to Know](#) (*New York Times*, March 22, 2018)
- [The Tax Reform Act and Charitable Giving](#) (MUSCGiving.org)
- Paula Span, [The Illness is Bad Enough. The Hospital May Be Even Worse](#) (*New York Times*, August 3, 2018)
- Patrick Kiger, [Boomers More Likely Than Younger Generations to Declutter](#) (AAPR.org, April 24, 2018)

OCTOBER DOINGS

Lots of really quite obscure holidays to celebrate this month, starting with Vegetarian Day on October 1st (set a good example for your grandchildren and eat that broccoli!). Appropriately enough for all of us living in an age-diverse community, the first Sunday in October is Intergeneration Day—get out there and tell those young’uns what it was like in the good old days! If that doesn’t work, you can celebrate Frustration Scream Day on the 13th. Many among us will be delighted to learn that October 14th is Be Bald and Be Free Day! Those with long memories can lift a pint (of blood, perhaps?) to Bela Lugosi’s Birthday on the 20th. It’s a good preparation for, of course, Halloween on the 31st!

And for those who miss the days of disco.....



CONTACT US

Just to be sure you have this information:

- Website: www.ionathome.org
- E-mail: ion@ionathome.org
- Phone: 843-284-3590 (office hours 9:00 AM-1:00 PM Monday-Friday; leave a message and someone will get back to you)

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