



HERE COME THE HOLIDAYS!



A community of friends enjoying enriched, vibrant and independent lives together

Dear I'On At Home Members,

The holidays often conjure up good times with great food and family joy. But the holidays also present high expectations and stress. Managing various personalities, travel schedules and gift giving is always a challenge.



As a part of our Choices program, please join us this Thursday, Nov. 17 at 4PM for a Zoom talk about managing stress, how it manifests itself, and how to keep sane and focused.

Dr. Tim Cantopher returns for another talk for IAH members! For this presentation, he'll address various coping strategies. Dr. Cantopher is an MD with a specialty in psychiatry. He'll share his expertise and many years of experience in dealing with stress related illnesses.



Please register to get the Zoom link.



Tom Martin



Barbara Fowler



Bill Sage



Brady Anderson

On Wednesday, Nov. 16 at 2PM, join our panel of experts as we discuss the November 8 midterm elections. What did the results, both locally and nationally, tell us about the state of the electorate? What role did the current and former presidents play in the elections? What do these results tell us in relation to the 2024 election?

In addition to discussing the midterms, we will also discuss the Russian withdrawal from the strategic city of Kherson and what this may portend as winter descends on Ukraine. Register to get the Zoom link and join us for an informative discussion.

I'On At Home holiday events to put on your calendar:

Nov 24 - Let's celebrate Thanksgiving together!



Thanksgiving for one or two is just not the same as being with group of friends. Once again, Cheryl and Bob Pitts have graciously opened their beautiful home so we can share our Thanksgiving together. We'll all contribute a dish and enjoy our friends' favorite holiday treats.

Turkey, dressing, wine and tea will be provided for everyone, and all side dishes are potluck. The Programs Committee will coordinate the menu to make sure we don't have too many duplicates. Most importantly bring your smiles and conversation!

Dec 10 - The Annual IAH Holiday Celebration Party

Start the holiday season and get into the festive spirit by joining neighbors and friends at our annual I'On At Home Holiday Celebration Party! There will be mistletoe and good cheer!

Hope to see you there! Sign up quickly. This event sells out.



Below find a sample of upcoming activities that are available to you.

Click on the **Blue Bar** at the bottom of this Weekly Update for event details and sign up information.

We look forward to seeing you.



FREE

SUN 11 / 13 / 2022 AT 2:00 PM

BOCCE AND BOOZE

I'On At Home Event

Members only (login required)

RSVP required

Sunday
13



FREE

MON 11 / 14 / 2022 AT 3:00 PM

MEN'S BOCCE

I'On At Home Event

Members only (login required)

RSVP required

Monday
14



FREE

TUE 11 / 15 / 2022 AT 4:00 PM

HAPPY HOUR AT COMMUNITY TABLE

I'On At Home Event

Members only (login required)

RSVP required

Tuesday
15



FREE

WED 11 / 16 / 2022 AT 2:00 PM

PUBLIC AFFAIRS PANEL DISCUSSION

I'On At Home Event

Members only (login required)

RSVP required

Wednesday
16



FREE

THU 11 / 17 / 2022 AT 4:00 PM

HERE COME THE HOLIDAYS!

I'On At Home Event

Members only (login required)

RSVP required

Thursday
17



FREE

FRI 11 / 18 / 2022 AT 5:00 PM

COCKTAILS AND CONVERSATION

I'On At Home Event

Members only (login required)

RSVP required

Friday
18

DECEMBER 2022



FREE

THU 12 / 01 / 2022 AT 8:00 AM

WEEKLY IAH BIKING GROUP THURSDAYS - DEC. 1, 8, 15, 22 & 29

Interest Group

Members only (login required)

No RSVP required

Thursday
01



THE CONCERT IS FREE. H...

SAT 12 / 03 / 2022 AT 3:00 PM

RETURN PERFORMANCE BY INTERNATIONALLY ACCLAIMED PIANIST, DIEGO SUAREZ TO INCLUDE RAVEL'S MIROIRS AND CHOPIN'S 24 PRELUDES

I'On At Home Event

Members only (login required)

RSVP required

Saturday
03



FREE

MON 12 / 05 / 2022 AT 4:00 PM

GREAT DECISIONS DISCUSSION GROUP - BIDEN FOREIGN POLICY IN THE AGE OF STRATEGIC COMPETITION

I'On At Home Event

Members only (login required)

RSVP required

Monday
05



FREE

SAT 12 / 10 / 2022 AT 6:00 PM

COME PARTY WITH US AT THE ANNUAL I'ON AT HOME HOLIDAY CELEBRATION

I'On At Home Event

Members only (login required)

RSVP required

Saturday
10



FREE

TUE 12 / 13 / 2022 AT 5:00 PM

BROS N' BREWS AT NAUTI MONKEY

I'On At Home Event

Members only (login required)

RSVP required

Tuesday
13



CLICK HERE to see the latest information on upcoming IAH events and programs.

