



WHO YOU GONNA CALL?

A community of friends enjoying enriched, vibrant and independent lives together

Hey IAH Members,

Hearing odd chirping sounds? They may be the first signs of spring or your smoke alarm batteries letting you know that it's replacement time!

Never fear, your IAH Battery Brigade is ready and willing to get it done.



Act Now! We'll be replacing batteries until March 31st.

Here's all that you need to do:

- Go to the IAH website and click on "New Service Request" to book an appointment.
- Buy your replacement batteries (usually 9V).
- Have a ladder ready or let us know if we need to bring one.



If you're thinking about changing out your batteries yourself... remember what Benjamin Franklin said:

"Just because you can climb up a ladder, doesn't mean that it's a good idea!"

(or was that Freud?)

IAH Volunteer Services...Neighbors Helping Neighbors

This is a good time to remind you of all of the services that our team of vetted IAH volunteers provide to help you when you need it. Here are some of services available:

- *Transportation - stores, medical appointments, events, airport*
- *Household chores - moving furniture, hanging pictures, changing light bulbs and smoke alarm batteries*
- *Light yard work - raking, watering or sweeping the patio*
- *Help with pets - providing emergency pet care*
- *Meals - deliveries in special cases due to health or injury*
- *Tech help - computers, cell phones, smart televisions*
- *Friendly visits / phone calls to check in with members and provide companionship*
- *Mobility aids / borrow walkers, crutches, canes and scooters during recovery to get you up & running*

Below find a sample of upcoming activities that are available to you.

*Click on the **Blue Bar** at the bottom of this Weekly Update for event details and sign up information.*

We look forward to seeing you.



\$22.69

SUN 03 / 12 / 2023 AT 4:00 PM
CANCELLED - CHARLESTON MEN'S CHORUS
I'On At Home Event
Members only (login required)
RSVP required

Sunday
12



TUE 03 / 14 / 2023 AT 4:00 PM
HAPPY HOUR AT COMMUNITY TABLE
I'On At Home Event
Members only (login required)
RSVP required

Tuesday
14



WED 03 / 15 / 2023 AT 2:30 PM
JOURNEY THROUGH "THE WAY OF TEA", A CHINESE TRADITION
I'On At Home Event
Members only (login required)
RSVP required

Wednesday
15



THU 03 / 16 / 2023 AT 5:00 PM
BROS N' BREWS AT NAUTI MONKEY
I'On At Home Event
Members only (login required)
RSVP required

Thursday
16



SUN 03 / 19 / 2023 AT 2:00 PM
BOCCE AND BOOZE
I'On At Home Event
Members only (login required)
RSVP required

Sunday
19



MON 03 / 20 / 2023 AT 3:00 PM
MEN'S BOCCE
I'On At Home Event
Members only (login required)
RSVP required

Monday
20



\$75.00

WED 03 / 22 / 2023 AT 6:00 PM

A CHOICES EVENT – NORDIC COOKING CLASS AND DINNER WITH WINE PAIRINGS

I'On At Home Event

Members only (login required)

RSVP required

Wednesday

22



FREE

THU 03 / 23 / 2023 AT 7:00 PM

FRED'S FILM FORUM - BLOWUP

I'On At Home Event

Members only (login required)

RSVP required

Thursday

23



PURCHASE TICKET DIREC...

SAT 03 / 25 / 2023 AT 5:00 PM

SING, SING, SWING WITH CHARLESTON JAZZ THEN DINNER

I'On At Home Event

Members only (login required)

RSVP required

Saturday

25



FREE

MON 03 / 27 / 2023 AT 4:00 PM

"STORIED AND SCANDALOUS CHARLESTON"

I'On At Home Event

Members only (login required)

RSVP required

Monday

27



FREE

WED 03 / 29 / 2023 AT 3:00 PM

BOCCE AND BROADS

I'On At Home Event

Members only (login required)

RSVP required

Wednesday

29



FREE

THU 03 / 30 / 2023 AT 4:00 PM

A CHOICES EVENT: WHAT IS TRUE HAPPINESS?

I'On At Home Event

Members only (login required)

RSVP required

Thursday

30

APRIL 2023



FREE

MON 04 / 03 / 2023 AT 4:00 PM

GREAT DECISIONS DISCUSSION GROUP - ECONOMIC WARFARE

I'On At Home Event

Members only (login required)

RSVP required

Monday
03



FREE

THU 04 / 06 / 2023 AT 8:00 AM

WEEKLY IAH BIKING GROUP THURSDAYS - APR. 6, 13, 20 & 27

Interest Group

Members only (login required)

No RSVP required

Thursday
06



FREE

THU 04 / 13 / 2023 AT 3:00 PM

WRITING WORKSHOP

I'On At Home Event

Members only (login required)

RSVP required

Thursday
13



FREE

WED 04 / 19 / 2023 AT 3:00 PM

MEN'S BOCCE

I'On At Home Event

Members only (login required)

RSVP required

Wednesday
19



FRI 04 / 21 / 2023 AT 5:00 PM
COCKTAILS AND CONVERSATION

I'On At Home Event

Members only (login required)

RSVP required

FREE

Friday
21

MAY 2023



FREE

MON 05 / 01 / 2023 AT 5:00 PM

SPRING FLING

I'On At Home Event

Members only (login required)

RSVP required

Monday
01



FREE

TUE 05 / 02 / 2023 AT 4:00 PM

GREAT DECISIONS DISCUSSION GROUP - POLITICS IN LATIN AMERICA

I'On At Home Event

Members only (login required)

RSVP required

Tuesday
02



FREE

THU 05 / 04 / 2023 AT 8:00 AM

WEEKLY IAH BIKING GROUP THURSDAYS - MAY 4, 11, 18 & 25

Interest Group

Members only (login required)

No RSVP required

Thursday
04



FREE

THU 05 / 11 / 2023 AT 3:00 PM

WRITING WORKSHOP

I'On At Home Event

Members only (login required)

RSVP required

Thursday
11



FRI 05 / 19 / 2023 AT 5:00 PM
COCKTAILS AND CONVERSATION
I'On At Home Event
Members only (login required)
RSVP required

FREE

Friday
19



***CLICK HERE to see the latest information on
upcoming IAH events and programs.***