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Events for June!

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I'ON AT HOME NEWS

Member Newsletter for June 2019

As June quickly approaches, we prepare to bid farewell to Arlyn Stoy, who has been IAH's Member Services Coordinator for more than two years. We have learned to count on her conscientious attention to detail and her kind, reliable presence behind the scenes of our operation, and we will miss her. She leaves I'On At Home to be more available for her family, especially her daughter, who will be entering her senior year at Wando High School. Best wishes for all of you, Arlyn.

I am pleased to announce that Sarah Fischer is our new I'On At Home Executive Director (a 20 hour/week position).

She comes to us with a great deal of experience in communications, nonprofit program planning and management, case management, technology. and Of equal is importance, Sarah full of positive energy and enthusiasm for our mission. She lives a short way down Mathis Ferry with her Rebecca Brovont, mom, newest IAH member. In the year and a half she's been here, Sarah has gotten to know many I'On neighbors through participating in



events and pet/house sitting. She will be meeting with all of our committee chairs, attending committee meetings, and participating in IAH events, as time allows. Please look for her and welcome her!

Please be sure to check our Events often and sign up for those of interest to you. Harriet Ripinsky, Cheryl Pitts, and their committee are doing such a terrific job of planning appealing activities that many of them fill up quickly.

As always, I welcome your questions and comments. Hopefully I'll see you soon, at an IAH event or around the 'hood.

Becky Van Wie, President 843-860-2990

IAH MEMBER SURVEY RESULTS

The biggest takeaway from our member survey, which had an excellent response rate of 54%, is that IAH is on the right track.

Respondents' most significant reason for joining IAH is to attend social, cultural and educational activities with other seniors, with the "insurance" of knowing IAH and its services will be around when in-home services are needed a close second. Currently offered services are meeting members' needs and a majority is comfortable asking for them. About three-quarters of members are willing to pay modest amounts for events, and close to 90% will pay even more for special events. Events are well-attended; non-attendance is usually due to members' busy schedules. Our communications, in particular the weekly

emails, are widely read and well-received.

Overall, the respondents represent an active, engaged and supportive cohort of members.

We encourage you to review the results and especially the comments by using the web link: https://www.surveymonkey.com/results/SM-Y9S7DH6BV/

IAH EVENTS AND PROGRAMS

In June we can look forward to good food, flowers and beautiful music. We're starting the month with a lovely event in the Tea Room at Grace Church as well as Happy Hour at the Shellmore, both on June 4th. We will have beautiful music with the CSO and Natalia Khoma to please our auditory senses, and Japanese Flower Arranging for the visual. We'll also have the opportunity to tour the Local NOAA National Weather Service office, have a conversation with author Christine Nolfi, and enjoy a private tour of the Halsey Institute followed by lunch. Sign up for these events and check for others on the website.

Follow the links above for more information on our website and to register. If you see that an event you're interested in is full, please email ion@ionathome.org or call 843-284-3590 to let us know you'd like to attend. Sometimes our numbers can be stretched a bit, or there may be a cancellation.

FROM THE MEMBERSHIP COMMITTEE

We have one new member who joined in May. She is the first member who lives in a nearby neighborhood and has never lived in I'On. However, she knows a number of us and has been a guest at a number of events. Please welcome Rebecca Brovont.

On June 1, Kathryn Murray will become the Membership chair, taking over the job from Barbara Cole. So, if you have a new neighbor who might like to hear more about I'On At Home, or you have a neighbor who has lived here awhile but is just now voicing an interest, please contact Kathryn at kathmurr@gmail.com.

RESOURCES AND INTERESTING

INFORMATION

In this section, we include links to articles about issues related to "advancing in life." If you see something that you think IAH members and friends might find of interest, please send it to Deborah Bedell.

- Annie Groer, <u>Baby Boomers Join "Aging-at-Home Villages" for Yoga,</u>
 <u>Happy Hour, Cooking Classes and Biking</u> (*Washington Post*, May 6, 2017)
- Melanie Hamlett, <u>Men Have No Friends and Women Bear the</u>
 <u>Burden</u> (*Harpers Bazaar*, May 2, 2019)
- Daniel Roberts, MD, <u>Health Tip: Vaccination Recommended for Older</u>
 <u>Adults</u> (*Mayo Clinic Health Letter*)
- Sandra Faber, <u>Socializing Important for Seniors</u> (Concord Monitor, April 22, 2019)

RECENT IAH EVENTS

Schooner Pride Sail

Coordinated by Kathy Coffman



Hiking Interest Group

Coordinated by Libby Eble



Tour of Philip Simmons Gates with ACBA

Coordinated by Harriet Ripinsky





Sweetgrass Basket Demonstration

Coordinated by Joe Fanelli



Australian Wine Tasting

Coordinated by Carol Degnen Hosted by Lori Feehan



CONTACT US

Just to be sure you have this information:

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leave a message and someone will get back to you)

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