



Dear IAH Members,

Meet Cathy Mooney and Karen Rathbun, Co-Chairs of IAH's Membership Committee



Cathy Mooney

I grew up in Orchard Park, a small town outside of Buffalo...home of the Quakers, the Underground Railroad and the Buffalo Bills. I was torn between being a musician and a jock. After 34 years of teaching music in the public schools and private piano lessons after school, I finally have more time to pursue world travel and sports, while continuing to support and participate in the Arts.

Our transition from lifelong Northerners to I'On began in 2018. Little by little the charm, friendliness and more gentle pace have won us over. At this point, Joe and I can't imagine living anywhere else.

Since joining I'On At Home, my husband Joe and I have made so many new friends, discovered additional interests, and increased our awareness and knowledge of a wide array of topics. When we first learned about IAH, we were under the impression that this organization was primarily for older folks who were in need of services. It took us a while to realize that members of IAH seem to be always having such a great time together! Serving as Membership Committee co-chair, it is very satisfying to introduce new members to the wide array of IAH activities and our community of friends.



Karen Rathbun

Hello, my name is Karen Rathbun and have recently signed up to be the IAH Membership Committee Co-Chair. I emigrated from Wales in the UK with my family in 1968 and we settled in West Caldwell, New Jersey. I remained there through high school, college and my marriage to Roy Rathbun. I had a career in Human Resources at Safilo, a leading eyewear company, until my retirement and our subsequent move to Charleston in 2016. My husband and I enjoy traveling and visiting our four granddaughters in New Jersey.

For three years, I was one of the coordinators for the First Friday events prior to joining the I'On at Home Membership team. We especially enjoy the Cocktail & Conversation get togethers. They are a wonderful way to meet other members in a small group at the home of IAH hosts. I can frequently be seen walking Chance, our Yorkie around I'On.

Please say hello if you see us!

Laundry, Laundry Everywhere!

Have you ever wondered what happens to your dirty napkin after you leave a restaurant? Meet Arrow Linen Supply Company.

It's a family linen supply, and laundry business started in New York in 1947 by Ambrogio Magliocco, who immigrated to the United States from Sicily at 17. Today, Arrow Linen is one of the largest restaurant laundry facilities in New York, processing around 400,000 pounds of the city's dirty laundry every week. But how, exactly, does that happen? Priya Krishna traveled to their 72,000-square-foot facility in Long Island to find out.

<https://www.youtube.com/watch?v=f6svEozRWpc>

And Laundry of a Different Sort...

The second video is about the #1 restaurant in America called The French Laundry! Washington Post editor Mary Beth Albright joins chef Thomas Keller with an exclusive behind-the-scenes tour on the 25th anniversary of his iconic restaurant, The French Laundry.

<https://www.youtube.com/watch?v=WgZQqeVXQql>

Below find a sample of upcoming activities that are available to you.

Click on the **Blue Bar** at the bottom of this Weekly Update for event details and sign up information.

We look forward to seeing you.



FREE

SUN 02 / 12 / 2023 AT 6:00 PM

LET'S HUDDLE FOR A SUPERBOWL POTLUCK

I'On At Home Event

Members only (login required)

RSVP required

Sunday
12



FREE

MON 02 / 13 / 2023 AT 5:00 PM

COME CELEBRATE GALENTINE'S DAY!

I'On At Home Event

Members only (login required)

RSVP required

Monday
13



FREE

THU 02 / 16 / 2023 AT 5:00 PM

BROS N' BREWS AT NAUTI MONKEY

I'On At Home Event

Members only (login required)

RSVP required

Thursday
16



FREE

FRI 02 / 17 / 2023 AT 5:00 PM

COCKTAILS AND CONVERSATION

I'On At Home Event

Members only (login required)

RSVP required

Friday
17



TUE 02 / 21 / 2023 AT 4:00 PM
HAPPY HOUR AT COMMUNITY TABLE
I'On At Home Event
Members only (login required)
RSVP required

Tuesday
21



WED 02 / 22 / 2023 AT 4:00 PM
ARE YOU GAME?
I'On At Home Event
Members only (login required)
RSVP required

Wednesday
22



THU 02 / 23 / 2023 AT 3:00 PM
"SHE SAID", A MOVIE FOR WOMEN, ABOUT WOMEN...AND MEN.
I'On At Home Event
Members only (login required)
RSVP required

Thursday
23



***CLICK HERE to see the latest information on
upcoming IAH events and programs.***