



## ***Dear I'On At Home members,***

*The IAH biking group or Team I'On has been around for several years now. It's a small group (7) who enjoy biking around the neighborhood throughout the year. We meet at the I'On Club parking lot on Thursday mornings at 8:00 AM and ride 10 miles or so. We ride at a pace that works for all.*

*It's a friendly, non-competitive group who enjoys various vistas and neighborhoods including Patriot's Point, Remley Point, Pitt Street Bridge, Olde Park, Hobcaw and other routes we make up along the way. We plan our rides carefully to avoid vehicular traffic. One of our members, Paul Johnson, created a nickname for our riding style: NCIS or "National Cul-de-sac Inspection Service."*

*Each November for 5 years running, a few of us have participated in LOWVELO, a biking fundraiser for innovative and lifesaving cancer research at the MUSC Hollings Cancer Center in Charleston, the state's only National Cancer Institute-designated cancer center.*

*Thanks to many of you reading this newsletter, we've raised more than \$6,000 this past year.*

*We welcome new riders. Just show up on a Thursday morning and we'll introduce you to our special little group.*

*Len Hanson*

## Team I'On Leader

Our riders from left to right: CJ Pelletier, Paul Johnson, Len Hanson, Jim Head, Dick Stifel & Peg Higgins. Missing is Cynthia Webb.

Below find a sample of upcoming activities that are available to you.

Click on the **Blue Bar** at the bottom of this Weekly Update for event details and sign up information.

We look forward to seeing you.

### MARCH 2024



#### ANYTIME FRIENDS WINE AND CHEESE GET TOGETHER FOR WOMEN

MON 03 / 25 / 2024 AT 5:30 PM

I'On At Home Event

Members only (login required)

RSVP required

Monday

25



#### BROS N' BREWS AT COMMUNITY TABLE

WED 03 / 27 / 2024 AT 4:30 PM

I'On At Home Event

Members only (login required)

RSVP required

Wednesday

27



#### DOWNTOWN DINING IN NORTH CHARLESTON (LUNCH WITH I'ON AT HOME AT RELISH A RESTAURANT RUN BY STUDENTS OF THE CULINARY INSTITUTE OF CHARLESTON)

THU 03 / 28 / 2024 AT 11:30 AM

I'On At Home Event

Members only (login required)

Thursday

28



FREE

### FLOWERS FOR OUR EASTER WEEKEND

FRI 03 / 29 / 2024 AT 10:00 AM

I'On At Home Event

Members only (login required)

RSVP required

Friday  
29

## APRIL 2024



FREE

### GREAT DECISIONS DISCUSSION GROUP - SCIENCE ACROSS BORDERS

MON 04 / 01 / 2024 AT 4:00 PM

I'On At Home Event

Members only (login required)

RSVP required

Monday  
01



FREE

### WEEKLY IAH BIKING GROUP THURSDAYS - APRIL 4, 11, 18 & 25

THU 04 / 04 / 2024 AT 8:00 AM

I'On At Home Event

Members only (login required)

No RSVP required

Thursday  
04



FREE

### TIPS FOR GROWING ORCHIDS (ORCHIDACEAE)

MON 04 / 08 / 2024 AT 2:30 PM

I'On At Home Event

Members only (login required)

RSVP required

Monday  
08



FREE

### FRED'S FILM FORUM: AMERICAN FICTION

WED 04 / 10 / 2024 AT 7:00 PM

I'On At Home Event

Members only (login required)

RSVP required

Wednesday  
10



\$50 AT DOOR, PLUS COST ...

### SYMPHONY DESIGNER SHOWHOUSE IS BACK! JOIN US FOR A TOUR, SHOPPING AND LUNCH

FRI 04 / 12 / 2024 AT 10:30 AM

I'On At Home Event

Members only (login required)

RSVP required

Friday  
12



FREE

### OUR SECRET DELTA: A HISTORY OF THE SANTEE DELTA

THU 04 / 18 / 2024 AT 6:00 PM

I'On At Home Event

Members only (login required)

RSVP required

Thursday  
18



\$13.00

### GARDEN AND HISTORY TOUR OF COLONIAL LAKE BY CHARLESTON PARKS CONSERVANCY

FRI 04 / 19 / 2024 AT 10:00 AM

I'On At Home Event

Members only (login required)

RSVP required

Friday  
19



FREE

### LET'S TALK PERSONAL SAFETY AND HOME SECURITY

MON 04 / 22 / 2024 AT 4:00 PM

I'On At Home Event

Members only (login required)

RSVP required

Monday  
22



FREE

### COCKTAILS AND CONVERSATION

THU 04 / 25 / 2024 AT 5:00 PM

I'On At Home Event

Members only (login required)

RSVP required

Thursday  
25



FREE

### VISIT THE CITY GALLERY AND TOUR THE NEW EXHIBIT "UNTITLED PLACES" WITH THE ARTIST NIGEL PARRY

FRI 04 / 26 / 2024 AT 11:00 AM

I'On At Home Event

Members only (login required)

RSVP required

Friday  
26



**CLICK HERE to see the latest information on upcoming IAH events and programs.**